

World records 2010

Women - Senior

Category 48 kg

Clean & Jerk

121	Taylan Nurcan	29.10.1983	TUR	17.09.2010	Antalya
-----	---------------	------------	-----	------------	---------

Category 53 kg

Snatch

103	Li Ping	15.09.1988	CHN	14.11.2010	Guangzhou
-----	---------	------------	-----	------------	-----------

Total

230	Li Ping	15.09.1988	CHN	14.11.2010	Guangzhou
-----	---------	------------	-----	------------	-----------

Category 63 kg

Clean & Jerk

143	Maneza Maiya	01.11.1985	KAZ	20.09.2010	Antalya
-----	--------------	------------	-----	------------	---------

Category 75 kg

Snatch

133	Zabolotnaya Natalia	15.08.1985	RUS	23.09.2010	Antalya
-----	---------------------	------------	-----	------------	---------

134	Podobedova Svetlana	25.05.1986	KAZ	23.09.2010	Antalya
-----	---------------------	------------	-----	------------	---------

Clean & Jerk

161	Podobedova Svetlana	25.05.1986	KAZ	23.09.2010	Antalya
-----	---------------------	------------	-----	------------	---------

Total

293	Zabolotnaya Natalia	15.08.1985	RUS	23.09.2010	Antalya
-----	---------------------	------------	-----	------------	---------

295	Podobedova Svetlana	25.05.1986	KAZ	23.09.2010	Antalya
-----	---------------------	------------	-----	------------	---------

Category 75+ kg

Snatch

141	Kashirina Tatiana	24.01.1991	RUS	25.09.2010	Antalya
-----	-------------------	------------	-----	------------	---------

145	Kashirina Tatiana	24.01.1991	RUS	25.09.2010	Antalya
-----	-------------------	------------	-----	------------	---------

Women - Junior

Category 58 kg

Total

242	Deng Wei	14.02.1993	CHN	17.08.2010	Singapore
-----	----------	------------	-----	------------	-----------

Category 75+ kg

Snatch

141	Kashirina Tatiana	24.01.1991	RUS	25.09.2010	Antalya
-----	-------------------	------------	-----	------------	---------

145	Kashirina Tatiana	24.01.1991	RUS	25.09.2010	Antalya
-----	-------------------	------------	-----	------------	---------

Clean & Jerk

170	Kashirina Tatiana	24.01.1991	RUS	25.09.2010	Antalya
-----	-------------------	------------	-----	------------	---------

Total

310	Kashirina Tatiana	24.01.1991	RUS	25.09.2010	Antalya
-----	-------------------	------------	-----	------------	---------

315	Kashirina Tatiana	24.01.1991	RUS	25.09.2010	Antalya
-----	-------------------	------------	-----	------------	---------

Women - Youth

Category 48 kg

Snatch

85	Tian Yuan	29.01.1993	CHN	15.08.2010	Singapore
----	-----------	------------	-----	------------	-----------

86	Tian Yuan	29.01.1993	CHN	17.09.2010	Antalya
----	-----------	------------	-----	------------	---------

88	Tian Yuan	29.01.1993	CHN	17.09.2010	Antalya
----	-----------	------------	-----	------------	---------

Clean & Jerk

113	Tian Yuan	29.01.1993	CHN	17.09.2010	Antalya
116	Tian Yuan	29.01.1993	CHN	17.09.2010	Antalya

Total

190	Tian Yuan	29.01.1993	CHN	15.08.2010	Singapore
194	Tian Yuan	29.01.1993	CHN	17.09.2010	Antalya
201	Tian Yuan	29.01.1993	CHN	17.09.2010	Antalya
204	Tian Yuan	29.01.1993	CHN	17.09.2010	Antalya

Category 58 kg**Snatch**

105	Deng Wei	14.02.1993	CHN	17.08.2010	Singapore
110	Deng Wei	14.02.1993	CHN	17.08.2010	Singapore

Clean & Jerk

125	Deng Wei	14.02.1993	CHN	17.08.2010	Singapore
130	Chinshanlo Zulfiya	25.07.1993	KAZ	17.08.2010	Singapore
132	Deng Wei	14.02.1993	CHN	17.08.2010	Singapore
135	Deng Wei	14.02.1993	CHN	19.09.2010	Antalya

Total

235	Deng Wei	14.02.1993	CHN	17.08.2010	Singapore
242	Deng Wei	14.02.1993	CHN	17.08.2010	Singapore

Men - Senior**Category 69 kg****Clean & Jerk**

198	Liao Hui	05.10.1987	CHN	21.09.2010	Antalya
-----	----------	------------	-----	------------	---------

Total

358	Liao Hui	05.10.1987	CHN	21.09.2010	Antalya
-----	----------	------------	-----	------------	---------

Men - Youth**Category 50 kg****Snatch**

96	Jiang Hao	30.01.1995	CHN	09.04.2010	Tashkent
----	-----------	------------	-----	------------	----------

Category 62 kg**Clean & Jerk**

165	Chen Lijun	08.02.1993	CHN	15.06.2010	Sofia
-----	------------	------------	-----	------------	-------

World Weightlifting

OFFICIAL IWF MAGAZINE

4 times a year

Subscription rates (incl. postage) yearly:

Europe: US \$ 40.- Overseas US \$ 50.-

Available IWF Secretariat: Istvanmezei ut 1 - 3, 1146 Budapest, Hungary

Phone: +36 1 331 8153, 353 0530; Fax: +36 1 353 0199

E-mail: iwf@iwfnet.net --- Website: www.iwf.net

Record Statistic 1988 - 2010
Women - Seniors

Distribution by lifts and categories

Category	Snatch	Clean & Jerk	Total	Sum
44	6	11	7	24
48	6	8	5	19
52	8	7	7	22
56	9	11	11	31
60	9	8	11	28
67,5	10	10	9	29
75	7	8	7	22
82,5	8	9	7	24
82,5+	8	8	9	25
	71	80	73	224
46	9	11	8	28
50	5	2	4	11
54	5	7	4	16
59	5	8	2	15
64	7	8	6	21
70	8	10	6	24
76	5	6	5	16
83	7	11	9	27
83+	10	1	1	12
	61	64	45	170
Sum	132	144	118	394
48	15	13	12	40
53	9	14	10	33
58	12	16	12	40
63	12	16	11	39
69	17	21	16	54
75	19	10	15	44
75+	21	19	19	59
	105	109	95	309
Sum	237	253	213	703

Distribution by countries

Nation	Snatch	Clean & Jerk	Total	Sum
CHN	176	194	174	544
BUL	10	8	8	26
RUS	11	5	9	25
TPE	4	10	4	18
POL	7	3	3	13
THA	6	4	3	13
TUR	4	3	4	11
KAZ	4	3	3	10
KOR	2	4	3	9
USA	5	1	1	7
HUN	3	2	1	6
PRK	1	4	0	5
COL	1	2	0	3
GRE	1	2	0	3
IND	0	3	0	3
UKR	0	3	0	3
BLR	2	0	0	2
MYA	0	2	0	2
	237	253	213	703



Women - Juniors

Distribution by lifts and categories

Category	Snatch	Clean & Jerk	Total	Sum
46	9	13	11	33
50	7	6	3	16
54	8	9	12	29
59	2	5	4	11
64	9	12	9	30
70	6	4	4	14
76	4	8	9	21
83	8	7	7	22
83+	5	11	8	24
	58	75	67	200
48	9	6	9	24
53	6	8	9	23
58	9	10	9	28
63	7	5	8	20
69	11	15	12	38
75	11	9	14	34
75+	16	8	14	38
	69	61	75	205
Sum	127	136	142	405

Distribution by countries

Nation	Snatch	Clean & Jerk	Total	Sum
CHN	81	90	91	262
RUS	13	7	16	36
TUR	7	6	8	21
INA	4	7	7	18
POL	7	3	3	13
THA	4	3	4	11
PRK	3	3	2	8
HUN	1	3	2	6
EGY	2	1	2	5
JPN	2	2	1	5
ESP	1	1	2	4
UZB	0	2	2	4
TPE	1	3	0	4
ARM	0	1	1	2
KOR	0	1	1	2
IND	0	1	0	1
NZL	0	1	0	1
UKR	0	1	0	1
USA	1	0	0	1
	127	136	142	405

Women - Youth

Distribution by lifts and categories

Category	Snatch	Clean & Jerk	Total	Sum
44	3	2	3	8
48	6	3	5	14
53	1	2	1	4
58	3	6	3	12
63	1	1	1	3
69	1	1	1	3
69+	1	1	1	3
	16	16	15	47

Distribution by countries

Nation	Snatch	Clean & Jerk	Total	Sum
CHN	10	9	9	28
RUS	3	3	3	9
TUR	2	1	2	5
PRK	1	1	1	3
KAZ	0	2	0	2
	16	16	15	47

Women Senior
World Records: 10 and more

	DoB	Nation	Snatch	Jerk	Total	Sum
Liu Chunhong	29.01.1985	CHN	8	10	10	28
Lei Li	08.02.1975	CHN	9	7	9	25
Liu Xiuhua	05.10.1975	CHN	9	6	9	24
Sun Caiyan	18.11.1974	CHN	8	7	7	22
Chen Yanqing	05.04.1979	CHN	7	6	8	21
Tang Weifang	23.06.1978	CHN	7	7	7	21
Ding Meiyuan	27.12.1979	CHN	7	4	9	20
Guan Hong	15.03.1974	CHN	5	8	6	19
Peng Liping	21.08.1971	CHN	5	7	7	19
Trendafilova Milena	03.05.1970	BUL	7	5	5	17
Xing Fen	12.07.1973	CHN	4	8	5	17
Li Hongyun	24.05.1976	CHN	4	5	6	15
Zhang Xiaoli	16.11.1973	CHN	3	5	7	15
Li Yajuan	23.07.1971	CHN	4	5	5	14
Wrobel Agata	28.08.1981	POL	7	3	3	13
Chen Xiaomin	07.02.1977	CHN	5	4	3	12
Guo Qiuxiang	06.07.1969	CHN	4	4	4	12
Wang Mingjuan	11.10.1985	CHN	4	2	6	12
Li Hongling	22.02.1969	CHN	2	5	4	11
Yang Xia	18.11.1977	CHN	2	5	4	11
Tang Gonghong	05.03.1979	CHN	0	7	3	10
Podobedova Svetlana	25.05.1986	KAZ	2	3	5	10

Record Statistic
Men - Seniors 1912- 2010

Distribution by lifts and categories

Category	Press	Snatch	Clean & Jerk	Total 3 Lifts	Total 2 Lifts	Sum
52	16	33	26	6	15	96
56	24	46	44	23	17	154
60	50	68	65	22	21	226
67,5	73	68	65	26	11	243
75	55	68	74	19	20	236
82,5	64	81	65	27	19	256
82,5+	26	20	18	3	0	67
90	51	58	57	32	18	216
90+	27	22	20	13	0	82
90+-110	24	26	20	12	5	87
100	0	27	22	0	18	67
110	0	20	13	0	13	46
110+	22	35	45	18	20	140
Sum	432	572	534	201	177	1916
54	/	6	3	/	4	13
59	/	3	3	/	2	8
64	/	7	8	/	6	21
70	/	6	5	/	4	15
76	/	1	5	/	2	8
83	/	4	7	/	4	15
91	/	4	3	/	2	9
99	/	3	6	/	4	13
108	/	2	2	/	2	6
108+	/	6	9	/	5	20
		42	51		35	128
Sum	432	614	585	201	212	2044
56	/	5	5	/	2	12
62	/	5	3	/	1	9
69	/	5	5	/	4	14
77	/	8	4	/	3	15
85	/	9	1	/	2	12
94	/	1	1	/	1	3
105	/	4	2	/	2	8
105+	/	5	2	/	3	10
		42	23		18	83
Sum	432	656	608	201	230	2127



Distribution by countries

Nation	Press	Snatch	Clean & Jerk	Total 3 Lifts	Total 2 Lifts	Sum
URS	222	253	272	127	97	971
BUL	11	82	73	1	73	240
USA	37	30	30	25	0	122
GER	34	19	22	0	3	78
EGY	16	15	25	1	0	57
FRA	6	27	24	0	0	57
JPN	1	34	4	14	0	53
CHN	0	23	20	0	7	50
POL	2	19	16	11	0	48
TUR	0	17	15	0	14	46
AUT	16	13	14	0	0	43
HUN	23	2	5	12	0	42
IRI	4	6	17	3	4	34
RUS	4	9	13	0	7	33
FIN	4	20	2	5	0	31
GRE	0	9	9	0	5	23
CUB	0	14	5	0	3	22
BLR	0	10	4	0	5	19
GDR	0	4	8	0	5	17
SUI	5	8	4	0	0	17
SWE	15	0	1	1	0	17
EST	6	5	5	0	0	16
UKR	0	3	3	0	4	10
CAN	9	0	0	0	0	9
TCH	2	2	3	0	2	9
BEL	3	1	3	0	0	7
ITA	4	3	0	0	0	7
PRK	0	5	1	0	1	7
KOR	2	1	3	0	0	6
ARM	0	4	0	0	0	4
GBR	0	2	1	1	0	4
LIB	0	4	0	0	0	4
GEO	0	3	0	0	0	3
KAZ	0	2	1	0	0	3
PUR	3	0	0	0	0	3
DEN	0	1	1	0	0	2
INA	0	0	2	0	0	2
LUX	1	1	0	0	0	2
MYA	0	2	0	0	0	2
AHO	1	0	0	0	0	1
ARG	1	0	0	0	0	1
AUS	0	1	0	0	0	1
NOR	0	1	0	0	0	1
ROU	0	1	0	0	0	1
SIN	0	0	1	0	0	1
TKM	0	0	1	0	0	1
Sum	432	656	608	201	230	2127

