



8TH EUROPEAN YOUTH WEIGHTLIFTING CHAMPIONSHIPS VALENCIA (ESP) 16TH - 23TH of May, 2010



1.- COMPETITION RULES AND REGULATIONS

Competitions will be held in accordance with EWF Rules and Regulations in force.

2.- COMPETITION AND TRAINING VENUE

3.- ENTRIES

Preliminary Entry Forms:

Must be submitted to the Spanish Weightlifting Federation **before 16th March 2010** (copy to the EWF)

Final Entry Forms:

Must be submitted to the Spanish Weightlifting Federation **before 16th April 2010** (copy to the EWF)

Accommodation Forms:

Must be submitted to the Spanish Weightlifting Federation **before 16th April 2010** (copy to the EWF)

4.- DOPING CONTROL

Doping control tests will be carried out according to the IWF Constitution and Laws.

5.- ACCOMODATION

HOTEL RESIDENCIA EL PUIG
C/ Camino del Mar, s/n
46540 EL PUIG (VALENCIA)
Tel: 961 461 150 / 902 520 161

6.- ACCREDITATION

Accreditation will take place at the lobby of the Hotel .

7.- TRANSPORT

The Organizing Committee will provide transportation of the participants between the International Airport of Valencia and the Hotel and the other way around, for the amount of 20 € / person based on the schedule they will send to the organizers.

8.- FINANCIAL CONDITIONS

The accommodation fee per person full board is:

- Single room 100 € / person / day
- Double room 85 € / person / day
- Triple room 80 € / person / day

An entry fee of 150 € / person has to be paid by each participant in accordance with EWF by-law.
All fees must be paid at the accreditation procedure.

9.- VISAS

Each Federation should contact the Spanish Embassy in their country to check if visa is needed.
If you have any problem, please contact the Organizing Committee (Spanish Weightlifting Federation).

10.- INSURANCE

All National Federations have to provide travel and accident insurance of all its participants before leaving their country in accordance with the Regulations of the EWF.

11.- CORRESPONDENCE ADDRESS

Spanish Weightlifting Federation

Francos Rodríguez, 70 – 5^o izda.
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Telefax: 34-91-450 28 02
E-mail: fehalterofilia@hotmail.com
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EWF European Weightlifting Federation

P.O.Box 29 – Città
47890 Repubblica di San Marino
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Telefax: 378-913795
E-mail: ewfsecretariat@omnyway.sm
Website: www.ewf.sm

12.- PROVISIONAL COMPETITION SCHEDULE AND PROGRAM

May 16, Sunday Arrival of delegations

May 17, Monday
10:00 Verification of Final entries
16:00 EWF Technical Conference
17:00 EWF Technical Officials Meeting
19:30 OPENING CEREMONY

	TIME	CAT.	GR.	SEX
May 18, Tuesday	09:00	50 kg.	B	M
	11:00	56 kg.	B	M
	13:00	50 kg.	A	M
	17:00	44 kg.	A	W
	19:00	56 kg.	A	M
May 19, Wednesday	09:00	62 kg.	B	M
	11:00	53 kg.	B	W
	13:00	62 kg.	A	M
	17:00	48 kg.	A	W
	19:00	53 kg.	A	W
May 20, Thursday	09:00	69 kg.	B	M
	11:00	58 kg./ 63 kg.	B	W
	13:00	69 kg.	A	M
	17:00	58 kg.	A	W
	19:00	63 kg.	A	W
May 21, Friday	10:00	77 kg.	B	M
	12:30	69 kg.	A	W
	16:00	77 kg.	A	M
	18:30	85 kg.	A	M
May 22, Saturday	10:00	94 kg./ +94 kg.	B	M
	12:00	+69 kg.	A	W
	16:00	94 kg.	A	M
	18:00	+94 kg.	A	M

Closing Ceremony

21:30 Banquet

May 23, Sunday Departure of Delegations

NOTE: Time schedule may be changed after the verification of final entries.