



# FINAL ENTRY FORM SENIOR

## OCEANIA & SOUTH PACIFIC (Senior) WEIGHTLIFTING CHAMPIONSHIPS Suva-Fiji, May 4 – 7, 2010

The \_\_\_\_\_ Weightlifting Federation wishes to enter the following competitors in the 2010 Oceania & South Pacific Senior Weightlifting Championships for Men & Women.

### MEN

Category	Name of Lifter as per passport	Total	Date of Birth
56kg			
62kg			
69kg			
77kg			
85kg			
94kg			
105kg			
+105kg			

### WOMEN

Category	Name of Lifter as per passport	Total	Date of Birth
48kg			
53kg			
58kg			
63kg			
69kg			
75kg			
+75kg			

Official		Position:
Official		Position:
Official		Position;
Official		Position:
Official		Position:

Please make sure that correct names and date of birth are included in the entry form.

Please email this form no later than April 3<sup>rd</sup> 2010 to:

Mr Paul Coffa MBE  
OWF General Secretary  
Email: [owf@bigpond.com](mailto:owf@bigpond.com)  
Email: [owf@mls.nc](mailto:owf@mls.nc)