

36th MEN and 16th WOMEN
WORLD JUNIOR
WEIGHTLIFTING CHAMPIONSHIPS

11 - 20. 06. 2010 - SOFIA

COMPETITION SCHEDULE AND PROGRAM

- 10:00 h 11.06.2010 Thursday: Technical Committee Meeting
 10:00 h 11.06.2010 Thursday: Medical Committee Meeting
 10:00 h 11.06.2010 Thursday: Coaching and Research Committee Meeting
- 10:00 h 12.06.2010 Friday: Executive Board Meeting
 18:00 h 12.06.2010 Friday: Verification of final entries
- 09:00 h 13.06.2010 Saturday: Registration of delegates
 10:00 h 13.06.2010 Saturday: IWF Congress
 16:00 h 13.06.2010 Saturday: IWF Technical Officials Meeting

TIME	CATEG / SEX	GROUP
Sunday, June - 14		
10:00	48 WOMEN'S	B
13:00	56 MEN'S	B
15:00	Opening ceremony	
16:00	48 WOMEN'S	A
19:00	56 MEN'S	A
Monday, June - 15		
10:00	53 WOMEN'S	B
13:00	62 MEN'S	B
16:00	53 WOMEN'S	A
19:00	62 MEN'S	A
Tuesday, June - 16		
10:00	58 WOMEN'S	B
13:00	69 MEN'S	B
16:00	58 WOMEN'S	A
19:00	69 MEN'S	A
Wednesday, June - 17		
10:00	63 WOMEN'S	B

13:00	77 MEN'S	B
16:00	63 WOMEN'S	A
19:00	77 MEN'S	A
Thursday, June - 18		
10:00	69 WOMEN'S	B
13:00	85 MEN'S	B
16:00	69 WOMEN'S	A
19:00	85 MEN'S	A
Friday, June - 19		
09:00	75 and +75 WOMEN'S	B
11:00	94 MEN'S	B
14:00	75 WOMEN'S	A
16:30	+75 WOMEN'S	A
19:30	94 MEN'S	A
Saturday, June - 20		
10:00	105 MEN'S, +105 MEN'S	B
13:00	105 MEN'S	A
16:00	+105 MEN'S	A
19:30	CLOSING CEREMONY	

**TIME SCHEDULE SUBJECT TO CHANGE FOLLOWING THE
VERIFICATION OF FINAL ENTRIES.**