



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
Colorado Springs, CO 80909  
(719) 866-4508  
Fax (719) 866-4741  
website: [weightlifting.teamusa.org](http://weightlifting.teamusa.org)  
e-mail: [usaw@usaweighting.org](mailto:usaw@usaweighting.org)

## 1. GENERAL INFORMATION

The 2009 Pan American Weightlifting Championships for Men and Women will be held in conjunction with the United States National Championships and in accordance with the IWF Handbook (Edition 2005-2008).

## 2. ELIGIBILITY TO PARTICIPATE

Athletes may participate for the countries affiliated with the Pan American Weightlifting Federation and must represent the nation for which passport is issued. In accordance with IWF rules participants must certify with their passport that they have been born before 1994 and be at *least* 15 years of age during the competition.

## 3. EVENTS

The Championships will be held in the following bodyweight Categories:

Men: 56kg, 62kg, 69kg, 77kg, 85kg, 94kg, 105kg, +105kg

Women: 48kg, 53kg, 58kg, 63kg, 69kg, 75kg, +75kg

## 4. AWARDS

Gold, Silver and Bronze medals will be awarded to Men and Women in each category for Snatch, Clean & Jerk, and Total.

Team Competition for the 2009 Pan American Championships will be calculated as per the IWF rules and Team Trophies will be awarded to the top three nations in the Men's and Women's competition.

Best Lifter trophies will be awarded for Men and Women.

Each athlete and coach will also be awarded a diploma of participation.

## 5. ENTRIES

All forms must be returned to:

- USA Weightlifting  
1 Olympic Plaza  
Colorado Springs, CO  
80909  
Attention: Ms. Kara Yessie  
Forms may be returned via e-mail, fax, and/or mail





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## Forms and Deadlines:

Intention to Participate Forms (P1)

Return Date: 15 January 2009

All Federations will receive a Technical Regulations Letter and Intention to Participate Form by 17 December 2008. We ask kindly for these to be returned by 15 January 2009. The intention to Participate Form will be used by the United States Olympic Committee and the Local Organizing Committee to begin the process of Visa approval. All athletes and coaches from any National Federation that may attend the event should be placed on the form.

Preliminary Entry Forms (P2)

Return Date: 28 February 2009

Federations that express Intent to Participate will receive Preliminary Entry Forms around 21 January 2009. These forms will ask for specific names of participants, date of birth, and passport number. These forms will be needed to help us begin to expedite the visa process. In this form we will also ask each National Federation for preferred accommodation (see accommodation section).

Final Entry Forms (A1)

Return Date: 6 May 2009

## **6. COMPETITION AND TRAINING**

The Championships will be held at the University of Illinois Forum. The Forum is a new “state of the art” sports and convocation facility located in downtown Chicago on the campus of the University of Illinois.

Training and Official Weigh-in will also take place at The Forum. Training will begin Wednesday, 3 June. A Training Timetable will be issued.

Please see attached electronic images for further information about the venue.

## **7. EQUIPMENT**

The Competition will be carried out with Werk San Barbells.

The warm up area will be equipped with 8 platforms and the training room will have 6 platforms available.

The IWF Technology and Information System will be used.





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## 8. ANTI-DOPING CONTROLS

Anti-doping controls will be carried out under the guidance of the PAWLF/IWF Medical Delegate in accordance with PAWLF/IWF Rules.

## 9. REFEREES / TECHNICAL OFFICIALS

In co-operation with the Organizing Committee the Pan American Weightlifting Federation will select a suitable number of International Technical Officials (jury, referees, technical controllers, doctors on duty) to work the Championships. The accommodation costs of these selected Technical Officials will be covered by the Organizing Committee for the competition. The allocation of the Technical Officials to their specific functions and groups will be made before the Selected Technical Officials' Meeting. All selected Technical Officials must attend this meeting.

## 10. TRAVEL AND TRANSPORT

Chicago Illinois, one of the United States' largest cities is a Candidate City for the 2016 Olympic Games. Chicago is easily accessible from all points of North America, Central America, South America, and the Caribbean Islands into O'Hare International Airport.

The Organizing Committee will meet and provide transportation for all participants from Chicago O'Hare International Airport to official competition housing. During the Championships all transportation will be provided between housing, competition and training venues.

## 11. VISA AND ENTRY TO THE UNITED STATES

Prior to traveling to the United States all participants should check whether they need a visa to enter the country. The Organizing Committee in cooperation with the United States Olympic Committee will also check this information after "Intent to Participate Forms" are received.

For current visa requirement information by nation please check the link below and click on the appropriate country:

[http://www.travel.state.gov/visa/temp/types/types\\_1262.html](http://www.travel.state.gov/visa/temp/types/types_1262.html)





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## 12. ACCOMMODATION

Official Hotel for Coaches and Athletes:  
University Center  
20 North Michigan Avenue  
Chicago, IL  
USA  
60602  
312-456-7000  
[www.universitycenter.com](http://www.universitycenter.com)

## 13. FINANCIAL CONDITIONS

In conjunction with the United States Olympic Committee the organizers are pleased to offer a 50% discount for food and accommodations for 200 athletes from the Pan American nations. This discount will only be applied to athletes and coaches that choose to stay at the University Center Housing Complex. Each Federation is eligible for the discount for up to 8 men and 7 women as well as up to 2 accompanying coaches.

A. The cost per participant for the accommodation and food, transportation and internal access to training and competition for individuals staying at the official hotel will be:

US \$80 per person/day  
With 50% discount US \$40 per person/day  
Discounts will only be applied to athletes and coaches  
Includes Double Occupancy

B. Accreditation Fee: Athletes, Coaches, and Team Officials: US \$100

All payments shall be paid to the Organizing Committee upon arrival.





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## 14. INSURANCE

The insurance offered by the Organizing Committee will cover the risks of any liability or damages arising out of the organization of the Championship and any act of the Organizing Committee.

The participating countries must have the appropriate insurance to cover travel and participation.

## 15. ACCREDITATION

We ask that Federations provide full information on each athlete and member of your delegation in advance to prepare the accreditations. The issuing of accreditations and verification of the eligibility will take place after arrival in accordance with IWF rules.

## 16. CULTURAL TOURS AND TOURIST INFORMATION

The Local Organizing Committee will be arranging a cultural/sight seeing tour of Chicago's beautiful downtown architecture and history. Additionally, walking tours of major attractions, shopping, and dining are easily accessible from University Center housing.

## 17. CONTACTS

### **Organizing Committee of the 2009 Pan American Weightlifting Championships:**

World Sport Chicago  
200 E Randolph  
Suite 2016  
Chicago, IL  
60601  
USA

**Att: Michael Gattone**

Phone: 847-947-7398

Fax: 847-947-7398

E-mail: [mgattone@sbcglobal.net](mailto:mgattone@sbcglobal.net)





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## 17. CONTACTS continued

### National Federation:

USA Weightlifting  
1 Olympic Plaza  
Colorado Springs, CO  
80909  
USA

Att: Kara Yessie

Phone: 719-866-4508

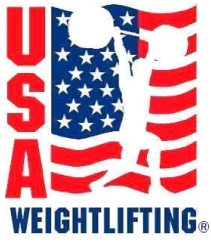
Fax: 719-866-4741

Email: [Kara.Yessie@usaweighting.org](mailto:Kara.Yessie@usaweighting.org)

### PRELIMINARY TIMETABLE:

PROGRAM	DATE
Arrival of Delegations	Tuesday, 2 June
PAWLF Congress	Wednesday, 3 June
Verification of Final Entries	Wednesday, 3 June
Technical Conference	Wednesday, 3 June
Selected Technical Officials' Meeting	Wednesday, 3 June
Opening Ceremony	Wednesday, 3 June
Competition Dates	Thursday, 4 June – Sunday, 7 June
Awards Banquet	Sunday, 7 June
Departure of Delegations	Monday, 8 June





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Pictures of Venue:



Exterior of the University of Illinois-Chicago Forum

