



# **IWF Technical Officials**

## **Roles and Responsibilities**

### *A Guide to Competition*

*A publication of the IWF Technical Committee*

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## **Introduction**

Over the last few years I have been writing and updating, together with some members of the Technical Committee, Roles and Responsibilities for and definitions of Technical Officials, however, in recent times I thought it would be worthwhile and hopefully helpful if I worked on writing the Roles and Responsibilities for all the Technical Officials that make up the working team on the Field of Play (FOP) for Weightlifting Competitions.

The Jury, the Competition Director, the Referees, the Technical Controllers, the Chief Marshals, the Time Keepers, the Competition Secretaries, the Competition Speakers, the Doctors on Duty, the Loaders, and the Decontamination Attendants are the essential elements required for the conduct of a successful event.

They are the Technical Officials and key FOP sport specific team members.

It is hoped that the contents are helpful both to the Technical Officials and also to Organising Committees of major events. I would also hope that individual Technical Officials who have aspirations to officiate at IWF Events do study the contents as they are also aimed at being educational.

I wish to thank Moira Lassen in particular, a member of the IWF Technical Committee, who edited the work and contributed to it.

I thank also Pedro Sanchez and Reiko Chinen, members of the IWF Technical Committee, to Lyn Jones, Competition Speaker Extraordinaire and member of the IWF Research & Coaching Committee, to Dr. Michael Irani of the IWF Medical Committee and to Myrddin John, Competition Secretary *par excellence*, for their professional input.

I dedicate this piece of work to Gottfried Schodl, my dear friend and mentor, a person I consider to be the doyen of all International Technical Officials.

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**International Weightlifting Federation**  
**(IWF)**  
**Technical Officials**  
***Roles and Responsibilities***  
***A Guide to Competitions***

Weightlifting competitions at Olympic Games, World Championships, Continental, Multisport Games and other IWF Events must be organised under IWF supervision and carried out in full conformity with its Constitution, Technical and Competition Rules. The stipulations of the IWF Manual for World Championships as amended from time to time are also to be adhered to, whenever applicable.

**General Provisions**

The competition organisers under the direction of the IWF must appoint a sufficient number of Technical Officials to work at each competition.

Technical Officials are selected from the nominations received from National Federations, however, if and when the need arises and in its absolute discretion, the IWF reserves the right to appoint other Technical Officials, outside of those nominated, from any member Country.

All appointed Technical Officials and their respective National Federations will be duly advised.

***The aim of the IWF is to achieve a 50% female appointment with each group of Technical Officials selected and appointed.***

At Weightlifting Events the following Technical Officials must be serving:

- Competition Director
- Competition Secretary
- Jury
- Technical Controllers
- Referees
- Time Keepers
- Chief Marshal
- Speakers
- Doctors on Duty

Technical Officials Groups allocation/assignment will be made by the Competition Director in cooperation with the Chairman of the Technical Committee and the President of the IWF prior to the Selected Technical Officials meeting.

### **Requirement**

Technical Officials must be active Referees within their National Federations and must have a complete knowledge of the IWF Technical Rules and must be able to speak basic English.

Technical Officials appointed as President of the Jury, Technical Controller, Chief Marshal and Competition Speaker must be able to speak fluent English.

Appointed Technical Officials to officiate at IWF Events must hold Category 1 Referee Card with current license.

All Technical Officials appointed must have and wear the official IWF Referee Uniform consisting of:

- Dark Blue Jacket
- Striped Blue and White Shirt
- IWF Tie / Scarf
- Beige Trousers / Skirt
- Black Shoes
- IWF Referee Metal Badge on the left lapel of the jacket.

In very hot weather and subject to the authorisation of the President of the Jury, the jacket may be removed.

At Olympic Games and other Multisport Games, only the uniform issued by the Organising Committee must be worn.

Technical Officials must be present at their respective assigned positions/working locations thirty minutes prior to their duty.

Role and Responsibilities for all Technical Officials are included in this booklet and it is most advisable that Technical Officials appointed to any positions study fully such Roles and Responsibilities.

## **Technical Officials**

### **Role and Responsibilities**

#### **Definition**

*A Technical Official is defined as any person who controls the play of a competition by applying the rules and regulations of the sport to make judgments on rule infringement, performance, time or score.*

*A Technical Official acts as an impartial judge of sporting competition. This involves an obligation to perform with accuracy, consistency, objectivity and the highest sense of integrity.*

#### **Requirement**

Technical Officials (TO) appointed to officiate at Olympic Games, World Championships and other major IWF Events must hold a valid Category 1 Referee Card and current license and must have and wear the official IWF Referee Uniform.

TO are nominated by their respective National Federations and upon being advised of their appointment they must confirm their acceptance and participation.

*If and when the need arises and at its absolute discretion, the IWF reserves the right to appoint Officials, outside of the nominated ones, from any member country. Appointed Technical Officials and their National federations will be duly advised*

TO must attend the Event from the start to the end and including the Selected Technical Officials meeting and the mid competition Technical Officials meeting if one is called.

TO appointed who fail to show up for the Event may be excluded from selection to further Events for a period of two (2) years.

TO must make their own travel arrangements but will receive accommodation, meals and transport to and from the Competition Venue free of charge.

#### **Roles and Responsibilities**

Roles and Responsibilities for all Technical Officials include:

- 1** *To ensure that the field of play (the Competition area which includes the Warm-up area etc) is safe for competitors and officials;*
- 2** *To know the Rules with absolute assurance;*
- 3** *To apply (not interpret) the Rules without fear or favour;*
- 4** *To use a degree of 'common sense' when confronted by non-technical issues.*

Technical Officials must **JUDGE WHAT THEY SEE = NOT WHAT THEY THOUGHT THEY SAW.**

Technical Officials must ensure they make the right decision when to act or when not to act.

Upon identifying a fault Technical Officials must act immediately.

Technical Officials must:

- **Be present at their respective assigned position/working locations latest thirty (30) minutes prior to their duty roster;**
- **Conduct themselves in a professional manner;**
- **Present a good image;**
- **Being and remaining attentive;**
- **Assisting whenever and wherever possible in any area if required;**
- **Being friendly and courteous;**
- **Be aware of, and sensitive to, language, cultural and religious differences;**
- **Make every effort to promote a safe and harassment free environment where participants are treated with respect;**
- **Be firm, decisive; and**
- **Disaffiliate themselves from Team responsibilities.**

**Technical Officials must not use mobile phones or any other electronic equipment whilst on duty at any Competitions.**

**NOTE:** All Technical Officials selected to work at IWF Events must not be involved in coaching or assisting any athletes during these competitions.

# JURY

## Role and Responsibilities

### **Requirement**

Members of the Jury appointed to officiate at Olympic Games, World Championships and any other major IWF Events must hold a valid Category 1 Referee Card and current license.

### **Statement:**

- ***The Jury is not a Jury of Appeal***
- ***The Jury has ultimate control over all aspects of the competition.***
- ***The Jury may be composed of five (5) members or three (3) members in accordance with the decision of the relevant authorities.***
- ***In major events Reserve Jury Members may be appointed.***

### **Role and Responsibilities**

1. The Jury must be placed in the correct position, behind and between the Centre and Side Referee in a slight diagonal line. This position provides Jury members a clear line of vision to the Field of Play.
2. The Jury Supervising Panel will allow the Jury members to exercise their own decisions (White/Red); enabling the Jury President to monitor, at a glance, if the Jury, in its majority, disagrees with the decision of the Referees. This must not be construed that the Jury is another instrument of judgment; rather it is for the purpose of ascertaining quickly that there is disagreement as to whether a lift should have been passed or failed.
3. The Jury, in unanimity (all Jury members agree) and after discussion, has the power to reverse a decision when the Referee's decision has been judged by the Jury to be technically incorrect.
4. If the Jury unanimously agrees that a lift should have been passed or failed and that differs from a majority of the Referee's decision, in order to consider the reversal of a decision, the President of the Jury must:
  - a) *order that the competition be stopped;*
  - b) *call the Referees in question for an explanation;*
  - c) *if the explanation is accepted by the Jury, no action is taken and the competition is ordered to restart;*
  - d) *if the explanation is not accepted, the decision must be reversed;*
  - e) *request the Technical Controller or any other Official to communicate the decision and its reason to the Athlete/Coach concerned and to the Speaker requesting that such decision and its reason be announced to the public,*
  - f) *order the restart of the competition.*

5. If the Jury in its majority (three or more of the Jury) agrees that a lift should have been passed or failed and that differs from a majority of the Referee's decision the President of the Jury must:
  - a) *order that the competition be stopped;*
  - b) *call the Referees in question for an explanation;*
  - c) *if the explanation is accepted by the Jury, no action is taken and the competition id ordered to restart;*
  - d) *if the explanation is not accepted, the Jury will engage in discussion;*
  - e) *if a unanimous decision is not reached no action is taken;*
  - f) *if a unanimous decision is reached the Jury can reverse the decision, must request the Technical Controller or any other Official to communicate the decision and its reason to the Athlete/Coach concerned and to the Speaker requesting that such decision and its reason be announced to the public;*
  - g) *must order the restart of the competition.*
6. In events where the composition of a three members Jury is appointed, unless unanimity is reached in the first instance, the Jury cannot take any actions even if the decision of the Referees appears to be totally incorrect.
7. No Jury member must attempt to influence the decision of the other members of the Jury.
8. Jury members must remain in their respective place during the Victory Ceremony.
9. Jury members must at all time present a good image and reflect a degree of authority.
10. Membership of the Jury is not to be considered as a matter of prestige.

## **Competition Director**

### **Role and Responsibilities**

#### **Requirement**

For all Weightlifting Events held under the auspices of the International Weightlifting Federation (IWF) the IWF appoints a Competition Director.

#### **Role**

The Competition Director is in control of the progress of the competition and attends to his/her task in close cooperation with the Jury, the Chairman of the Technical Committee, the Competition Secretary, the Technical Controllers and other officials from the Organising Committee.

#### **Responsibilities**

The responsibilities of the Competition Director include;

- Verify the operation of the competition management system and the issue of all official documents
- Verify the lists of the competitors and divide them into groups if necessary, according to the best results supplied by the participating Federations following the verification of final entries
- Supervise the drawing of lots at the Congress, if not done electronically
- Supervise, in cooperation with the Jury, Technical Controllers and Chief Marshal, the order of lifting in accordance with the sequence of the competition, including the operation of the competition management system and the issue of the official documents
- Supervise the registration of new World and Olympic records set up during the competitions
- Monitor and assist with the enforcement of the 20/15 Kg Rule.

# **REFEREES**

## **and Responsibilities**

### **Requirement**

Referees appointed to officiate at Olympic Games, World Championships and other major IWF Events must hold a valid Category 1 Referee Card and current license.

At World Championships and Olympic Games three or more groups, with four Referees per group, are appointed per session. At other IWF Events, the IWF official delegate appoints a suitable number of Referee groups.

Category 2 Referee Card holders with current license are eligible to officiate at International Tournaments, Regional Games and Continental Championships.

**Note: *Whenever possible, two female Referees must be appointed in each Referee group.***

### **Attributes**

Attributes required to be a successful Referee include:

- ***to know the Rules with absolute assurance***
- ***basic knowledge of the English language***
- ***ability to act and react appropriately and in a timely manner***
- ***ability to give and receive direction***

### **Role**

In every competition, Referees must concentrate on the main task of adjudicating the lifts performed by the Athletes.

At competitions held under IWF rules, three Referees (Centre Referee and two Side Referees) and one Reserve Referee are appointed for each session/category.

### **Responsibilities**

Referees (including the Reserve) must attend the weigh in of the session/category in which they have been appointed .

At the weigh in, in cooperation with the Competition Secretary must:

- verify the identity of the Athlete; correct spelling of the name and the date of birth from the Athlete's passport or identity card
- ensure that all Athletes weigh in within the limits of their category during the allocated time
- assist with the compilation of the Competitors card and cross check the starting weights of the Athlete with regards to the 20/15 Kg Rule

**Note: *Official weigh in of the Athlete must be witnessed by two Technical Officials who are the same gender as the Athlete.***

Before the competition, Referees must place their IWF Referee Card in the care of the President of the Jury.

The Centre Referee must be seated four metres (measured from the front) of the platform to the rear of the Referee's table, and in line with the centre.

The Side Referees must be seated on the same line as the Centre Referee, three to four metres apart.

The Reserve Referee must be sitting in the Competition Venue at a place visible from the Jury table.

During the competition, the Referees must ensure:

- that the weight of the barbell corresponds with the weight announced by the Speaker and shown on the Attempt Board
- that nobody but the Athlete handles the barbell during the execution of a lift
- that only the Athlete or the Loaders move the barbell to a new position on the platform.

The Referees must indicate their judgment of the lift by giving the appropriate signals: "Good lift" – white light, "No lift" - red light.

Referees must be satisfied that the Athlete is in control of the weight and has finished the lift, is standing motionless in all parts of the body and has both feet in line before giving their signal to the Athlete to lower the barbell.

If the Athlete then releases the bar before shoulder height or drops the bar behind his/her head, the Referees must change their decision, by pressing the red light.

If the Referees see a fault during the execution of the lift, they must press the red light immediately.

When there is a breakdown of the Electronic Referee Light System or at competitions where it is not available, the Centre Referee gives the signal to replace the barbell on the platform at the conclusion of each lift, as soon as the Athlete becomes motionless in all parts of the body and has both feet in the same line. This signal must be both audible and visible, i.e. the Centre Referee must say "Down" and at the same time motion downwards with the arm.

In the event of a failure of the electronic system and in competitions where no Electronic Referee Light System is available, small red and white flags can substitute the lights. The Referees announce their decision by raising the appropriate flag.

When the Electronic Referee Light System is not being used, should one of the Side Referees see a serious fault during the execution of a lift, that Referee must raise an arm to call attention to the fault. If there is agreement from the other Side Referee or from the Centre Referee, this constitutes a majority opinion and the Centre Referee stops the lift and signals to the Athlete to lower the barbell to the platform.

In a competition at which no Technical Controller is appointed, the Referees must perform the duties of the Technical Controller.

During the competition that they are called upon to adjudicate, the Referees must abstain from any comments and must not attempt to influence the decision of the other Referees.

Referees must remain in their respective place during the Victory Ceremony.

After the Competition the Referees must go to the Jury to collect their Referee Card and receive feedback from the Jury President regarding the quality of their performance.

## **Technical Controller**

### **Role and Responsibilities**

#### **Requirement**

Technical Controllers appointed to officiate at Olympic Games, World Championships and other major IWF Events must hold a valid Category 1 Referee Card and current license.

At World Championships and Olympic Games two Technical Controllers are appointed per session. At other IWF Events, the IWF official delegate appoints a suitable number of Technical Controllers.

*Note: Whenever possible, a female Technical Controller must be appointed in each Technical Controller group.*

#### **Attributes**

Attributes required to be a successful Technical Controller include:

- ***thorough knowledge of the Rules***
- ***knowledge of the English language***
- ***mental and attitudinal strength***
- ***capacity to understand the emotions of competition***
- ***ability to act and react appropriately and in a timely manner***
- ***command respect and relate well to others***
- ***high degree of tolerance, personality and common sense***
- ***ability to give and receive direction***

#### **Role**

The role of the Technical Controller (TC) is often described as the ‘**eyes and ears**’ of the Jury or the ‘**conduit**’ between the Jury, the Marshal table, the Competition Management and the Warm-up.

The TC role is one of the most critical among all other Technical Officials (TOs) at any event, the responsibilities are many and so varied and for that reason the role of the TC is most difficult and quite demanding both mentally and physically.

TCs are required to assist the Competition Secretary / Competition Director in the supervision of the running of the competition as well as assist the Anti-Doping Commission and the Weigh-in team, if and when requested.

Also, supervision of the change of calls and lifting order at the Marshal table is a very important part of the role.

#### **Responsibilities**

##### **Before Competition**

- Inspect the Field of Play (FOP) and ensure all equipment and requirements are in place and in accordance with the Rules; with a particular focus on the:

1. Competition platform
  2. Competition bar and weights
  3. Light System
  4. Timing Clock
  5. Warm-up equipment
- Be punctual and alert at all times and ensure that all other appointed TOs are present at the competition.
  - Advise the Jury President if any of the appointed TOs are absent.
  - Instruct the Loaders what to do and what not to do in case of injury to an Athlete.
  - Ensure that the TOs wear the correct uniform and report to the Jury President if any TO is not in the correct uniform.

#### Start of Competition

- Assist with the line up and presentation on stage of Athletes and TOs.
- After TO presentation instruct the TO team to the Jury table to place their Referee Card in the care of the Jury President.
- During the 15 minute interval, inspect the Athletes for correct outfit, wraps, and bandages; if a correction has to be made the TC must advise the Athlete and Coach as early as possible.

#### During Competition

- During competition ensure that only the accredited number of Coaches or Team Staff accompany the Athletes in the FOP (competition and warm-up area.)
- Ensure Athletes have not applied lubricants to any parts of the body, with careful consideration to the thigh area; if so, TCs must order the substance removed.
- Ensure Athletes have not applied excess chalk to any parts of the body, other than the hands; if so, TCs must order it removed.
- Ensure while the Athlete is on stage, nobody, including the TC is seen within the area (in view of the audience and / or TV cameras).
- Ensure that the correct Athlete called goes up on the stage.
- Check the information on the Attempt Board or Scoreboard (correct athlete, attempt, weight, time); then allow the Athlete to go on stage once the announcements are complete. Athletes are welcome on stage even if Loaders are not finished loading the bar.

- Periodically check and control the cleaning of the bar and the platform, with particular attention to blood on the bar. Quickly check Athletes leaving the stage for any signs of bleeding, with particular attention to the shins and hands.
- Monitor and assist with the enforcement of the 20/15 Kg Rule.
- Monitor the loading of the barbell to avoid mistakes.
- Ensure only Doctors on Duty go on stage when an Athlete suffers an injury. Loaders are encouraged to go on stage to shield the Athlete from audience / camera vision. Coaches and other TOs are not allowed on stage during this time.
- Keep eye contact with the Jury President at the completion of each attempt and act on the advice and/or request of the Jury.
- Ensure all TOs on duty remain in their positions during the Medal presentation.
- Ensure all TOs go to the Jury to collect their Referee Card and receive feedback from the Jury President regarding the quality of their performance.

**TCs must not:**

- ***disturb the Athletes concentration in any way***
- ***act like a Police Officer***
- ***touch the Athlete; instead use words or signage***
- ***go on stage (unless absolutely necessary)***
- ***appear as if wanting to be on camera***
- ***be or act noticeably***

## **Chief Marshal**

### **Role and Responsibilities**

#### **Requirement**

Chief Marshals appointed to officiate at Olympic Games, World Championships and other major IWF Events must hold a valid Category 1 Referee Card and current license.

#### **Attributes**

Attributes required to be a good Chief Marshal include;

- ***thorough knowledge of the Rules***
- ***must be able to speak English***
- ***be assertive***
- ***be attentive at all times***
- ***able to work cooperatively***
- ***ability to relate well***

#### **Role**

The role of the Chief Marshal (CM) is critical for the success of the event. Inaccurate and/or late decisions and communication will have horrendous consequences in the management and smooth running of the competition.

The CM main duty is to accept or refuse the modifications made by the Athletes/Coaches on the attempts to be taken, in accordance with the relevant Technical and Competition Rules; and to communicate quickly the information about the requested attempts to the Competition Management table by means of a point-to-point intercom system.

#### **Responsibilities**

The CM shall require the Competitor Cards from the Competition Secretary and the Competition Protocol Sheet from the Information Technology System as soon as available.

CM must check that the difference between the starting weights and the Final Entry Total on the Competition Protocol Sheet to ensure that it confirms with the 20/15 Kg Rule. Those athletes who are not in conformity with the Rule must be advised to make the necessary change before the competition begins.

Athletes who lower their starting weights in the Snatch will be required to increase the starting weights in the Clean & Jerk by an equal difference. Athletes who increase their starting weights in the Snatch may lower their starting weights in the Clean & Jerk by an equal difference.

***CM must work in cooperation with the Technical Controller with the supervision and enforcement of the 20/15 Kg Rule.***

CM must place the Competitor Cards on the Marshall Table in correct Start Number Order facing the Coaches. The CM and his/her assistants must ensure that the Athletes/Coaches change the correct form and enter the changes into the right box and must initial the change.

***Marshals are encouraged to apply the technique of using a red pen whilst using a black pen for the Athletes/Coaches.***

CM must check that each change made is valid by monitoring the other Athlete's attempt on the computer screen and Competitors Cards.

CM must look at the Timing Clock when Athletes/Coaches come to declare/increase/decrease weights having regards to the first 30 seconds declaration or changes before the last 30 seconds.

Normal 1 minute attempt: everything must be done WITHIN the first 30 seconds.

Successive attempts (2 minutes): declaration for the next attempt must be done WITHIN the first 30 seconds; changes must be made BEFORE the LAST 30 seconds.

Once the announced weight is loaded on the barbell and the clock has started the weight on the barbell cannot be reduced. The CM must be attentive to the Speakers announcements and must watch the clock at all times.

***Any request for changes which deviates from the Rules must be refused by the CM.***

- Chief Marshal must look at the Timing Clock when Coaches come to **declare/increase**

Normal 1 minute attempt;

➡ Everything must be done **WITHIN** the **FIRST 30 sec.**

Consecutive attempt (2 minutes);

Declaration for the next attempt

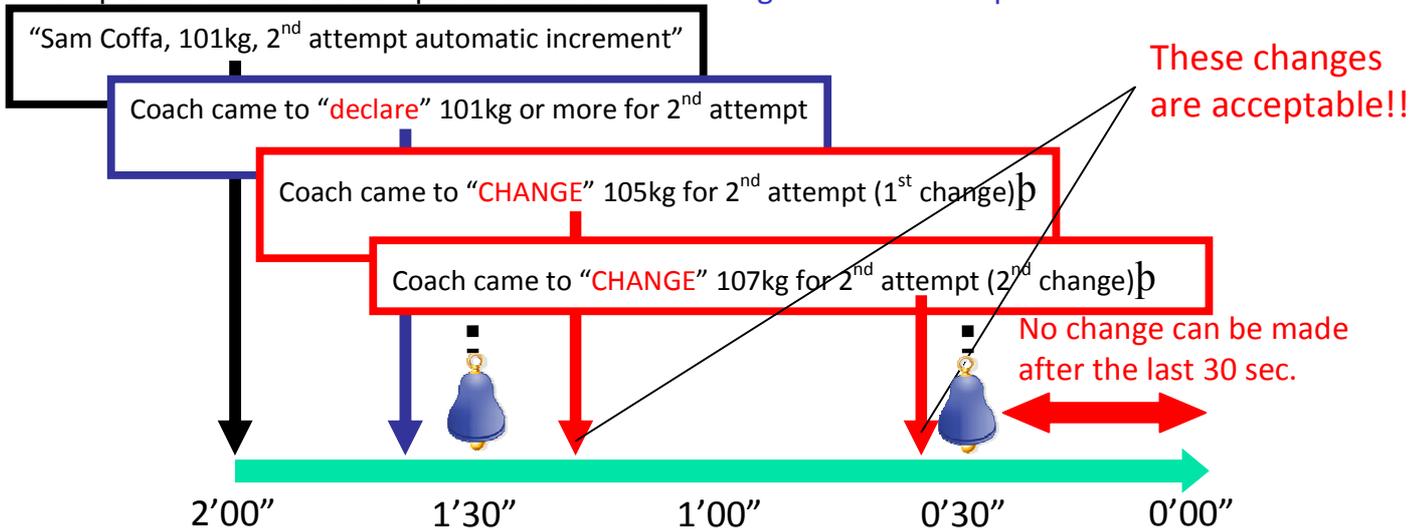
➡ **WITHIN** the **FIRST 30 sec.**

Change of the weight X 2

➡ **Before** the **LAST 30 sec.**

Will be available only if the Coach/Athlete declared the next weight within the first 30 sec.

Example Consecutive attempts **Succeeded with 100kg** at the **1<sup>st</sup> attempt**



## **Procedure for Application of 15Kg/20Kg Rule**

**This Rule (6.5.7) shall apply in all IWF Events unless otherwise stated**

1. The following Technical Officials are responsible for the supervision of Entry Totals and starting attempts following the publication of the Starting List:
  - a) Competition Secretary and Referees at weigh-in;
  - b) Chief Marshal and other Marshals;
  - c) Technical Controller in the warm-up area;
  - d) Officials operating the Competition Management Program;
  - e) Competition Director (if appointed);
  - f) Jury.

In all cases, any athlete/coach that refuses to comply with the directive of the Jury or designated Technical Official is eliminated from the competition.

***NB The responsibility to comply with the Entry Totals and all relevant Rules rests entirely with the Athletes and Coaches.***

2. If the starting weights do not respect the 15Kg/20Kg Rule, any of the above mentioned Technical Officials must immediately advise the athlete/coach concerned to make the required changes.
3. If an athlete's first attempt in the Snatch is lighter than required by the 15Kg/20Kg Rule, the athlete/coach must be advised by the Chief Marshal or Technical Controller in the warm up area that the first attempt in the Clean & Jerk must be increased in order to comply with the rule.
4. If the athlete/coach does not make the necessary change for the first Clean & Jerk and refuses to do so, the athlete is eliminated from the competition immediately upon refusal.
5. If the 15/20kg Rule is not respected by the athlete/coach and goes unnoticed by all Technical Officials and the athlete takes attempts, whether successful or not, and then after the execution of the lifts, the error is noticed, any or all such attempts, not in compliance with the Rule, will be rendered as NO LIFT. The athlete concerned will be compelled to nominate a weight on the barbell in accordance with the sequence and the 15/20kg Rule, as long as it is within their three attempts in the Clean & Jerk.  
***No additional attempts will be granted.***
6. If the athlete/coach refuses to comply the athlete will be eliminated from the competition.
7. If the athlete/coach does not respect the 15/20kg Rule and the non-compliance is noticed by the Technical Officials at the completion of the Session, the athlete's Total will not be valid and will therefore be deleted from the Final Results by order of the Jury.

## **Time Keeper**

### **Role and Responsibilities**

#### **Requirement**

Time Keepers appointed to officiate at Olympic Games, World Championships and other major IWF Events must hold a valid Category 1 Referee Card and current license.

The Reserve Referee within a Group of Referees appointed may be requested to take up the Role of Timekeeper.

Technical Officials holding a valid Category 2 Referees card and current license and/or National Referees may be appointed to officiate at other IWF Events and Continental or Regional events.

#### **Attributes**

Attributes required to perform the duties of a good Time Keeper include:

- ***thorough knowledge of the Rules***
- ***basic knowledge of the English language***
- ***remain focused always***
- ***able to work cooperatively***

#### **Role**

The very important and only role of the Time Keeper (TK) is to operate the timing clock when the athletes are called to perform their attempts during the course of the competition, in accordance with the rules.

In order to perform his/her duties properly, Timekeeper must work in close cooperation with the Speaker, Technical Controller and the President of the Jury.

#### **Responsibilities**

TK must start the clock 15 minutes before the start of the competition, and 10 minutes after the Snatch competition, unless otherwise advised by the President of the Jury.

TK must set and start the clock at one minute (60 seconds) or two (2) minutes (120 seconds) at the beginning of each attempt. The time must be started the moment the Speaker has finished the announcement of the attempt in the English language or the barbell is loaded, whichever is the last.

***TK must not press the Start button if loaders are on the platform.***

An athlete is allowed one minute (60 seconds) in which to start the lift.

An athlete who takes consecutive attempts, is allowed 2 minutes (120 seconds) in which to start the lift.

In case the order of call (the sequence) interrupts an Athlete taking consecutive attempts permitting another Athlete to be called whose time starts running, then that Athlete requests a change of weight thus causing the original Athlete to be called, he/she shall be granted only 1 minute.

TK must stop the clock immediately as the barbell is raised from the platform. TK must restart the clock if the barbell has not reached the height of the knees.

TK must be careful who the previous Athlete is and who is the next Athlete in order to start the clock at 1 minute or 2 minutes.

TK must not confuse between “**Start**” and “**Continue**” and must be careful as Athletes often change their weights after being called.

If an Athlete raises the Barbell from the platform at the same time that the clock reaches “0” it is considered a valid attempt.

Any unfinished attempt in which the Barbell has reached the height of the knees is judged as a “**NO LIFT**”.

## **Competition Secretary**

### **Role and Responsibilities**

#### **Requirement**

Competition Secretary appointed to officiate at Olympic Games, World Championships and other major IWF Events must hold a valid Category 1 Referee Card and current license.

IWF Category 2 Referees may be appointed at Regional Games, Continental Championships and other International events.

#### **Attributes**

Attributes required to be a good Competition Secretary include;

- ***thorough knowledge of the Rules***
- ***must be able to speak English***
- ***be punctual and attentive at all times***
- ***able to command respect***
- ***be assertive***
- ***ability to manage people***
- ***able to work cooperatively***
- ***ability to relate well***

#### **Role**

The Role of the Competition Secretary is of paramount importance. The Competition Secretary is responsible for examining and collating the data required for the efficient running of the competition and dispersing the signed information to where it is required.

The Competition Secretary must take full control of the weigh-in room and the procedure therein.

At the conclusion of the weigh- in process the Competition Secretary may be requested to assist with the competition. Duties must be executed in close cooperation with the Jury, the Competition Director and the Technical Controllers.

#### **Responsibilities**

Prior to Competition:

- assist, if requested, with the Verification of Final Entries
- assist, if requested, with the division of Athletes into groups, if necessary, according to the best results as declared in the Final Entries
- assist with the supervision of the lot draw, if not done electronically

At the Weigh-in Room:

- confirm there are sufficient chairs, tables, lighting and access to weigh in room
- confirm required protocol sheets are present and available
- confirm scales are appropriately placed to allow for complete privacy and appropriate space for the Athlete, Team Official and two Referees (both Referees and Team Official must be the same gender as Athlete to access the scale area)

- confirm scales are accurate and capable of weighing the heaviest Athlete
- confirm Competition Secretary and Referees watches are coordinated
- ensure Referees are present 15 minutes prior to weigh in; reporting to the Jury President any absentees
- post list outside weigh in room so Athletes are aware of order of call
- assign weigh in duties to Referees (Duties include: calling athletes, passport or official identity check - photo, date of birth, country, spelling of name - confirm athlete correct age/weight category, distribute appropriate number of coach passes, distribute bibs & pins)
- ensure only one Team Official (Coach, Manager, Athlete Representative) is accompanying each Athlete

#### During Weigh-in:

- Referee writes Athletes bodyweight on scrap paper, confirms with Athlete/Coach; then provides to Competition Secretary in order to transfer bodyweight to Competitors Card
- Athlete/Coach write starting attempts for both Snatch and Clean & Jerk
- Athlete/Coach initials bodyweight and both starting attempts, to confirm acceptance
- Competition Secretary and assigned Referee confirm 15/20 kg rule; change starting attempts as necessary
- upon completion of successful weigh in, Athletes are provided a Bib number with pins, if necessary - to be placed on the side of the thigh visible to the Jury as well as the appropriate number of Coach passes
- IF a weigh-in is not successful (athlete misses call, athlete does not make weight) distribution of Bib numbers seizes; distribution will resume in warm up room to ensure integrity of sequence is respected

#### Post Weigh-in:

- weigh-in is closed when all Athletes have been weighed or when the one hour time limit is reached
- Competition Secretary completes the Protocol Sheet in clear bold letters
- Referees double check Protocol Sheet for accuracy prior to signing - signature signifies information is correct
- Competition Secretary hand delivers Protocol Sheet and Competitors Cards to Competition Management System attendants
- if weigh in is offsite of competition venue, faxing or scanning/emailing Protocol Sheet is acceptable as an advance copy - original must still be hand delivered
- confirm with Chief Marshall and Technical Controller, upon arrival, receipt of Competitors Cards and/or spare Bibs
- ensure Bib numbers, if distribution was seized, has resumed prior to start of competition
- assist with the supervision of the registration of new World or Olympic records, as required
- assist with any aspect of the competition, as required

## **Competition Speaker(s)**

### **Role and Responsibilities**

#### **Requirement:**

At Olympic Games, World Championships and all other major IWF Events one or more Speakers must be appointed.

#### **Attributes:**

- A thorough knowledge of the IWF Technical Rules.
- Experience in international weightlifting competition organisation.
- A good “microphone voice”.

#### **Role:**

Conveyor of information to the audience, Athletes, Coaches and Technical Officials.

#### **Responsibilities:**

- To take charge of the efficient running of the competition in collaboration with the Competition Secretary and the Technical Officials and make the appropriate announcements.
- To keep the audience informed of the progress of the competition and more in-depth information about the Athletes.
- To request the Timekeeper to stop the clock when the Athlete/Coach changes the weight or when instructed by the Jury.
- To instruct the loaders to load the required weight on the barbell.
- At the start of the competition the Speaker announces the Presentations in accordance with rules.
- During the competition, for each attempt announce:
  1. Instructions to the loaders to load the required weight
  2. The name of the Athlete
  3. The Nation the Athlete represents
  4. The number of the Athlete's attempt
  5. Notification in advance the name of the next Athlete
- At the conclusion of the competition the Speaker conducts the Victory Ceremony in accordance with the IWF Rule
- At the conclusion of the medal ceremony for the Total the Speaker requests that everyone stand for the National Anthem of the Gold medallist.
- The Speaker, as time and the progress of the competition allow, may make announcements to inform the public.

An assistant to the Speaker(s) may be appointed whose function is to take weight changes from the Chief Marshal and inform the Speaker.

If no computerised technology is used, the Speaker must be an IWF International Referee.

## **Doctor on Duty**

### **Roles and Responsibilities**

#### **Requirement**

Medically qualified clinical doctor with currently valid registration and professional insurance. Must have Advanced Life Support (ALS)<sup>1</sup> validation or professional equivalent.

#### **Attributes**

Must have practical knowledge of elite weightlifting, including rules and regulations appertaining to medical aspect of the sport

#### **Role**

At Olympic Games, World Championships and other major IWF Events, medical Doctors are appointed to be Doctor on Duty during the competition in each of the bodyweight categories.

#### **Duties and Responsibilities**

The duties and responsibilities of the Doctor on Duty include the following:

- Be present at the competition venue, 30 minutes before the start of the competition and until the conclusion of the Victory Ceremony.
- Be familiar with and use the medical facilities and, if requested, assist in the anti-doping controls.
- Be ready to render medical care in case of injury or illness; cooperate with team doctors and advise the coaches, officials and the athletes on the possibility of continuing, or otherwise, the competition after an injury.
- During the competition, authorise the application of additional plasters or bandages in accordance with the rules.
- The appointed Doctor on Duty are responsible right throughout the Field of Play.
- In case of an accident or injury, the Doctor on Duty has to assess the situation and decide if further treatment is necessary either by local medical authorities or by the team doctor. If no team doctor is available, it is up to the Doctor on Duty to provide assistance or to transfer treatment to the local authorities.
- The responsibility of the Doctor on Duty ends outside the Field of Play.
- To ensure these arrangements are in place, it is mandatory for a Doctor on Duty to contact the responsible local medical authorities and together with them survey the local medical facilities before the start of the competition in consultation and cooperation with the Competition Director.
- To be acquainted with the Organising Committee's medical

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<sup>1</sup> a set of life-saving protocols and skills that extend Basic Life Support to further support the circulation and provide an open airway and adequate ventilation.

- representative and the local hospital facility, ambulance transfer and paramedical/nursing staff and as to their sitting within the Field of Play.
- To ensure that necessary equipment is available and suitably accessible e.g. stretcher, splints and resuscitation equipment
  - To instruct and if necessary, demonstrate to the loaders how to act in the event of a medical emergency occurring on the platform in cooperation with the Technical Controllers.

## Loaders

### Duties

- Load the barbell in accordance with IWF rules and as directed by the Competition Speaker
- Clean the bar and the competition platform as required and/or as directed by the Technical Controller during the competition
- Prepare the podium for the Medal Ceremonies at the conclusion of the session
- Remove the podium from the platform at the conclusion of the medal ceremony
- Unload the barbell and return the discs to the weight racks
- Clean the bar and competition platform after the conclusion of the medal ceremony

**Note:** *Loaders must not go up on stage to endeavour to render assistance to an athlete in case of an accident; instead, loaders should form a wall in front of the platform to minimize the public's view and TV coverage of such incidents.*

## Decontamination Attendants

### Duties

- Safely remove blood and other contaminants from the bar and competition platform as required and/or as directed by the Technical Controller
- Ensure the safe disposal of contaminated materials in accordance with applicable policy
- Clean the bar with antiseptic at the conclusion of each session

**Note:** *Decontamination Attendants must respect universal precautions by wearing gloves in the performance of their duties and must not go up on stage to endeavour to render assistance to an athlete in case of accident; instead, together with the loaders they should form a wall in front of the platform to minimize the public's view and TV coverage of such incidents*