

# 2012 IWF Youth World Championships Slovakia, Košice



## Invitation

### SCIENTIFIC CONFERENCE

#### **Performance-enhancing substances in sport and exercise**

Medicine and science in the fight against doping in sports

19.9.2011 Hotel Hilton

**9:00**

#### **INDICES OF NEW MUSCLE FIBRE FORMATION**

*Doc. PhDr. Eugen Laczó, CSc. et al.*

*acute responses in muscle hypertrophy signalling to a resistance exercise protocol*

**10:00**

#### **NUTRITIONAL SUPPLEMENTS FOR WEIGHTLIFTING**

*Mgr. Milan Sedliak, PhD.*

*scientific facts about their dose and mode of action*

**11:00**

#### **DOPING IN STRENGTH AND POWER SPORTS**

*Mgr. Milan Sedliak, PhD.*

*physiological effects and health risks*

**12:00**

*Attila Ádámfi*

#### **YOUTH OLYMPIC GAMES**

**13:00**

#### **NUTRITIONAL SUPPLEMENTS AND DOPING**

*MUDr. Lubomír Gulán*

*Organizing Committee:*

*Korpa Stefan*

*Buzgo Gabriel*

*Moska Eva*

*Sedliak Milan*