



IWF Grand Prix – President’s Cup

12-14 October 2012

St. Petersburg, Russia

Competition Regulation



1. Competition:

The IWF Grand Prix – President’s Cup will be held from 12 to 14 October, 2012 in St. Petersburg, Russia at the Palace of Sports “Yubileyniy” (18. Dobrolubov prospect, St. Petersburg, www.yubi.ru).



The athletes will be invited to compete in the following bodyweight categories:

- Men 94kg, 105kg, +105kg
- Women 75kg, +75kg

In each bodyweight category maximum 12 athletes are allowed to compete:

- 8 athletes are invited according to the Ranking Lists (excluding Russian athletes),
- 2 athletes representing Russia upon approval by the President of the Russian Weightlifting Federation,
- 2 athletes by individual applications subject to Russian Weightlifting Federation’s decision

2. Awards:

The winner and medalists in Snatch and Clean & Jerk in each bodyweight category will be awarded with medals and diplomas.

The winner and medalists in Total in each bodyweight category will be awarded with Prize Money, medals, diplomas. The winner in Total in each bodyweight category will receive the copy of the Russian Federation President Weightlifting Cup.

Winners according to the Total result in each bodyweight category will be awarded with Prize Money as follows:

First place: 5 000 USD

Second place: 3 000 USD

Third place: 2 000 USD

Any athlete setting up a new Senior World Record will be awarded with the following bonus:

Snatch: 3 000 USD

Clean & Jerk: 3 000 USD

Total: 6 000 USD

The World Record bonus is provided only for the last record in the progression in one lift and limited to 6 000 USD per person in each bodyweight category.

The best Team according to the combined Men and Women Team Classification will receive the Russian Federation President's Weightlifting Cup.

Dress code for the Awarding Ceremony: formal (elegant dress or costume for women, dark suit for men).

3. Program:

October 12		Arrival, accreditation, Verification of Final Entries
October 13	15:00	Men, 94 kg
	16:30	Opening Ceremony
	17:00	Women, 75 kg
	19:00	Men, 105kg
	20:30	Concert
October 14	15:00	Women, + 75 kg
	17:00	Men, + 105 kg
	18:30	Closing Ceremony
	21:00	Awarding Ceremony and Gala Dinner
October 15		Departure

4. Training:

Trainings will be organized at the Palace of Sports “Yubileyniy” between 9:00 and 23:00. We will provide training time for each team after the final entries are processed.

5. Equipment:

IWF approved sport equipment will be provided.

6. Accommodation:

The official accommodation is the “Vvedinskiy” Hotel (37 Building 1, Bolshoy Propect, St. Petersburg, www.alrosa-hotels.ru/en/hotels/st-petersburg).



7. Doping control:

Doping control shall be carried out in accordance with the rules and regulations of the IWF.

8. Financial conditions:

The Russian Weightlifting Federation will cover for the invited athletes and one coach per National Federation:

- local transfer
- accommodation between 12 and 15 October 2012
- three meals per day

Additional athletes and coaches individually applying to participate should cover their expenses for their duration of stay as follows:

- 100 USD per person/day in double room

9. Visa:

Participants may need to apply for visa to Russia. If you need assistance, please contact the Organizing Committee.

10. Applications, Entries

Applications to participate and confirmation on invitations should be sent to the Organizing Committee before 1 September 2012.

Final entries must be sent before 15 September 2012 both to the Russian Weightlifting Federation (info@rfff.ru) and the International Weightlifting Federation (eva.balogh@iwwfnet.net).

11. Organizing Committee contacts

Russian Weightlifting Federation

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The President of the Russian Weightlifting Federation

Sergey Syrtsov

