

**REPORT OF THE CHAIRMAN OF THE
MEDICAL COMMITTEE**
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TO THE IWF CONGRESS
GOYANG CITY, KOREA – 19TH NOVEMBER 2009

Dear Delegates,

On 1st April 2009 the IWF Electoral Congress has elected the following members to the IWF Medical Committee:

Dr. Richard Herrick (USA), Dr. Dolores Rubio (ESP), Dr. Michael Irani (GBR), Dr. Carmello Ciotta (ITA), Dr. Jaroslaw Krzywanski (POL), Dr. Atlihan Dogan (TUR),

In Chiang Mai, Thailand, May 2009 during the Youth World Championships the IWF Executive Board co-opted four additional members to the MC:

Dr. Lisimoni Kami (TGA), Dr. Ip Wing Yuk (HKG), Dr. Asghar Shahabi (IRI), Dr. Jose Cistari (ARG)

The first meeting of the newly elected MC was held in Bucharest, during the Junior World Championships on 12th June 2009.

The Committee invited the former MC Chairman and Dr. Dörr to advise the MC and show the guidelines by which they have been working in the past four years.

The MC Members shared their views and ideas regarding the keys issues of medical and anti-doping problems and risks of weightlifting and event management.

The MC decided to have badges on IWF competitions to make sure that they are well distinguishable at the competition sites.

Further the minimum medical requirements will be requested from all organizing committees and serious MC check will be put in place before the start of any competition.

I would like to inform all the delegates that it has been decided by the IWF Executive Board based on the proposal of the MC that blood testing will be include din the IWF Anti Doping Program. Further I shall note that Dr. Irani is the liaison medical expert between the IOC and IWF on all MC related matters.

Lastly a working plan was proposed by the MC members for the 2009-2012 Cycle including but not limited to the following subjects:

- Rules and responsibilities of Doctors on Duty
- To ensure the minimum medical care on competitions
- TUE changes and requirements
- Injury, illness reports to be collected any analyzed for future publications
- Anti-Doping Education (Prohibited List, Testing, etc)
- Research project on various sport related medical issues

Dr. Hasan Akkus
MC Chairman