INTERNATIONAL WEIGHTLIFTING FEDERATION

Technical Officials' Examination

Reference
IWF TCRR 2013-2016

2013

Scoring: *1 point for each correct answer unless otherwise stated.*

Q.1 Bending or extending the arms during the recovery phase is:

☐-a allowed if already reported to all on duty Referees and the Jury
☐-b an incorrect movement
☐-c allowed if already reported to the on duty Technical Controller

Q.2 An athlete who uses lubricant on their thighs:

☐-a is disqualified
☐-b does not have the right to compete
☐-c is ordered to remove it

Q.3 What are the ranges of age for the following age groups?

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

Junior _____ up to and including _____ years of age
Youth _____ up to and including _____ years of age

Q.4 When do the Referees give the "Down" signal?

☐-a 2 seconds after the athlete becomes motionless in all parts of the body
☐-b 1 second after the athlete becomes motionless in all parts of the body
☐-c As soon as the athlete becomes motionless in all parts of the body

Q.5 True or False:

The technique known as “hooking” is permitted during the Clean & Jerk only? _____

Q.6 What is the correct rule?

☐-a If an athlete lifts the barbell 5cm off the platform and replaces it on the platform with 30 seconds remaining on the clock; he/she cannot try the lift again.
☐-b If an athlete lifts the barbell off the platform and replaces it on the platform, he/she can try the lift again unless the barbell has reached the height of the knees.
☐-c If an athlete lifts the barbell approximately 10cm from the platform and replaces it on the platform with 15 seconds remaining on the clock, he/she cannot try the lift again.

Q.7 After the Referees’ signal to lower the barbell, the athlete may release the grip on the bar when:

☐-a the bar has passed the level of the knees
☐-b the bar has passed the level of the shoulders
☐-c the bar has passed the level of the waist

Q.8 A pause during the extension of the arms is:

☐-a allowed
☐-b an incorrect movement
☐-c permitted during the execution of the Jerk

Q.9 List the minimum age to compete in the following competitions:

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

Senior World Championships _____years of age
Junior World Championships _____years of age
Youth World Championships _____years of age

Q.10 During the removal of a lubricant:

☐-a the Jury decides if the clock is stopped
☐-b the clock remains going
☐-c the Technical Controller decides if the clock is stopped

Q.11 "Pulling from the hang" means:

☐-a stopping the upward movement of the barbell during the pull and is permitted
☐-b accelerating the upward movement of the barbell during the pull and is permitted
☐-c stopping the upward movement of the barbell during the pull and is an incorrect movement

Q.12 List the 7 bodyweight categories for Women (Junior and Senior)?

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

1._____kg
2._____kg
3._____kg
4._____kg
5._____kg
6._____kg
7._____kg

Q.13 Touching the platform with:

☐-a one knee is a correct movement
☐-b the knees during the Clean is a correct movement
☐-c any part of the body other than the feet is an incorrect movement

Q.14 True or False:

It is an incomplete movement when an athlete fails to fully extend their knees at the completion of the lift? _____

Q.15 An attempt is valid when during the execution of a lift, the athlete comes near the edge of the platform and:

☐-a touches the area outside the platform with any part of the body.
☐-b their shoes hang over the edge of the platform without touching the outside area.
☐-c touches the outside area with one shoe.

Q.16 List the 8 bodyweight categories for Men (Junior and Senior)?

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

1. _____kg
2. _____kg
3. _____kg
4. _____kg
5. _____kg
6. _____kg
7. _____kg
8. _____kg

Q.17 Finishing with a “press out” means:

☐-a continuing the extension of the arms after the athlete has reached the lowest point of his/her position in the squat or split for both the Snatch and the Jerk and is allowed

☐-b continuing the extension of the arms after the athlete has reached the highest point of his/her position in the squat or split for both the Snatch and the Jerk and is an incorrect movement

☐-c continuing the extension of the arms after the athlete has reached the lowest point of his/her position in the squat or split for both the Snatch and the Jerk and is an incorrect movement

Q.18 If an athlete fails to place his/her feet parallel to plane of the trunk, it means:

☐-a it is an incomplete movement and the Referees press the red “Down” button

☐-b it is an complete movement and the Referees press the white “Down” button

☐-c it is an incomplete movement and the Referees don’t press any button

Q.19 Failing to replace the complete barbell on the platform after the down signal is:

☐-a an incorrect movement

☐-b a correct movement

☐-c a correct movement if the athletes lowers the barbell in front of the platform

Q.20 When finishing a lift it is:

☐-a permitted for the athlete to touch their hair with the bar during the Snatch

☐-b not permitted for the athlete to touch their hair with the bar during the Snatch

☐-c permitted for the athlete to touch their head with the bar during the Snatch

Q.21 What is the correct rule?

☐-a Touching the thighs or the knees with the elbows or the upper arms is an incorrect movement.

☐-b Touching the thighs or the knees with the elbows is incorrect but it is correct to touch with the upper arms.

☐-c Touching the thighs or the knees with the upper arm is incorrect but it is correct to touch with the elbows.

Q.22 The terms “double clean” and “dirty clean” mean:

☐-a Resting or placing the barbell on the chest at an intermediate point before its final position and is a correct movement

☐-b Resting or placing the barbell on the chest at an intermediate point before its final position and is an incorrect movement

☐-c Resting or placing the barbell on the chest at an intermediate point before its final position and is a correct movement as long as it is reported/displayed to the on duty Referees prior to the lift

Q.23 How many athletes per Member Federation can be entered in one bodyweight category?

☐-a 2

☐-b 1

☐-c 3

Q.24 Before starting the:

☐-a Jerk, any deliberate oscillation of the barbell to gain advantage is forbidden. The athlete must become motionless.

☐-b Jerk, any deliberate oscillation of the barbell to gain advantage is forbidden. The athlete and the barbell must become motionless.

☐-c Snatch, any deliberate oscillation of the barbell to gain advantage is forbidden.

Q.25 True or False:

An athlete cannot change the width of their grip during the lift? _____

Q.26 What are the specifications for competition platforms used at IWF Events?

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

Width _____cm

Length _____cm

Height _____cm

Q.27 How much do the following pieces of equipment weigh?

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

Men's bar _____kg

Women’s bar _____kg

1 Collar _____kg

Q.28 The diameter of the Women's bar is:

☐-a 2.8 cm

☐-b 3.0 cm

☐-c 2.5 cm

Q.29 What is the width of training/warm-up platform?

☐-a 300 cm

☐-b 400 cm

☐-c 250 cm

Q.30 List the colour of discs:

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

25kg	_____	20kg	_____	15kg	_____
10kg	_____	5kg	_____	2.5kg	_____
2kg	_____	1.5kg	_____	1kg	_____
0.5kg	_____				

Q.31 The apparatus that provides the visual and audible "Down" signal is:

☐-a located in the warm-up area
☐-b located on the left side of the competition platform/stage
☐-c placed on a stand in front of the competition platform/stage

Q.32 To operate the visual and audible "Down" signal:

☐-a one of the three Referees must give his/her decision of either "Good Lift" or "No Lift"
☐-b two of the three Referees must give an identical decision of either "Good Lift" or "No Lift"
☐-c three Referees must give an identical decision of either "Good Lift" or "No Lift"

Q.33 After the visible and audible "Down" signal and before the decision lights operate:

☐-a the Referees have 2 seconds to reverse their decision
☐-b the Referees cannot reverse their decision
☐-c the Referees have 3 seconds to reverse their decision

Q.34 True or False:

Athlete bibs are worn for athlete identification during competition and are demarcated with the athlete's start number? _____

Q.35 If a Referee sees a mistake during the execution of a lift, he/she must:

☐-a immediately press the red button
☐-b immediately press the white button
☐-c raise his/her hand and say "Down"

Q.36 The certificate accompanying the scales must be certified within:

☐-a 1 year from the start of the Event
☐-b 6 months from the start of the Event
☐-c 3 months from the start of the Event

Q.37 After the competition:

☐-a the Referees and Competition Director verify the final competition Protocol
☐-b the President of the Jury and Competition Director verify the final competition Protocol
☐-c the Technical Controller and Competition Director verify the final competition Protocol

Q.38 What is the correct rule?

☐-a Socks may cover the knees
☐-b Socks may not cover the knees
☐-c Socks are not permitted in competition

Q.39 The maximum width of an athlete's belt is:

☐-a 10 cm
☐-b 12 cm
☐-c 11 cm

Q.40 Any apparent effort of performing the Jerk that is not completed (i.e. lowering the body; bending the knees) is:

☐-a an incorrect movement
☐-b a correct movement
☐-c a correct movement if the athlete tries to lower their body or bend their knees only once

Q.41 What is the maximum length of a wrist bandage?

☐-a 100 cm
☐-b 200 cm
☐-c no limit

Q.42 True or False:

Tape may be worn under any piece of the athlete outfit including other bandages anywhere on the body, except the elbow(s). _____

Q.43 The diameter of the largest disc is:

☐-a 46 cm
☐-b 45 cm
☐-c 40 cm

Q.44 Choose the correct rule:

☐-a There can be a connection between a wrist bandage and an elbow bandage.
☐-b There can be a connection between a wrist bandage and a hand bandage.
☐-c There cannot be any connection between a wrist bandage and a hand bandage.

Q.45 What is the correct rule?

☐-a No bandages or substitutes are allowed on the elbow(s).
☐-b No bandages or substitutes are allowed on the thigh(s).
☐-c No bandages are allowed to be worn on the unitard.

Q.46 True or False:

Sticking plasters may be worn on the elbow(s), if required. _____

Q.47 The weigh-in begins:

☐-a 2 hours and 15 minutes before the start of competition
☐-b 1 hour and 45 minutes before the start of competition
☐-c 2 hours before the start of competition

Q.48 If an athlete cannot fully extend his/her elbow(s) the athlete:

☐-a is allowed to compete if the athlete displays/reports that they cannot fully extend their elbow(s)
☐-b is not allowed to compete and must withdraw from the competition
☐-c is allowed to compete only if he/she brings a Doctor's certificate

Q.49 Choose the correct rule:

☐-a At least two Referees verify the bodyweight and the Competition Secretary records the information.
☐-b The Centre Referee operates the scale and the other two Referees verify the bodyweight which the Competition Secretary records.
☐-c All three Referees operate the scale and verify the bodyweight and the Competition Secretary records the information.

Q.50 After the Verification of Final Entries, where is the Start List posted?

☐-a in the warm-up area
☐-b in the athletes lounge
☐-c at the entrance of the weigh-in room

Q.51 During the allocated weigh-in time:

☐-a athletes who are under or over the limits of the bodyweight category may return two times to make weight
☐-b athletes who are under or over the limits of the bodyweight category may return as many times as required to make weight
☐-c athletes who are under or over the limits of the bodyweight category may return three times to make weight

Q.52 As soon as the athlete has weighed within the officially entered bodyweight category, accompanying Team Officials must be provided with Warm-up Passes for access to the warm-up area as per the following:

☐-a one athlete – three Passes
two athletes – four Passes
any additional athlete (combined categories/Events) – two Passes per athlete
☐-b one athlete – two Passes
two athletes – three Passes
any additional athlete (combined categories/Events) – two Passes per athlete
☐-c one athlete – three Passes
two athletes – four Passes
any additional athlete (combined categories/Events) – one Pass per athlete

Q.53 The Introduction of athletes begins:

☐-a 1 hour and 45 minutes after the beginning of the weigh-in
☐-b 2 hours after the beginning of the weigh-in
☐-c 2 hours and 15 minutes after the beginning of the weigh-in

Q.54 What is the maximum width of skin that can be covered by a bandage?

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

Wrists _____cm
Knees _____cm

Q.55 What is the correct rule?

☐-a The aggregate weight of the starting attempts in the Snatch and the Clean & Jerk cannot be less than 15kg below the announced Entry Total for the Men's and Women's competition.
☐-b The aggregate weight of the starting attempts in the Snatch and the Clean & Jerk cannot be less than 20kg below the announced Entry Total for the Men's and Women's competition.
☐-c The aggregate weight of the starting attempts in the Snatch and the Clean & Jerk cannot be less than 20kg below the announced Entry Total for the Men's competition, and less than 15kg below the announced Entry Total for the Women's competition.

Q.56 Choose the correct starting attempt for the following scenario in the 56kg category with an Entry Total of 200kg; Snatch Results = 1st attempt 80kg (Good Lift); 2nd attempt 83kg (Good Lift); 3rd attempt 85kg (Good Lift):

☐-a the athlete must start with at least 90kg in the Clean & Jerk
☐-b the athlete must start with at least 95kg in the Clean & Jerk
☐-c the athlete must start with at least 100kg in the Clean & Jerk

Q.57 When an athlete wishes to increase the weight which he/she originally selected, the athlete or Team Official must notify the Chief Marshal:

☐-a within the first 30 seconds of the final call. This is the same for both the 1-minute and 2-minute clock.
☐-b 1 minute before the final call. This is the same for both the 1-minute and 2-minute clock.
☐-c 15 seconds before the final call. This is the same for both the 1-minute and 2-minute clock.

Q.58 The minimum increase between the first and second attempt is:

☐-a 1 kg
☐-b 2.5 kg
☐-c 2 kg

Q.59 The weigh-in lasts:

☐-a 1 hour
☐-b 2 hours
☐-c 2 hours and 15 minutes

Q.60 Assuming it is the athlete's first attempt, what is the correct rule?

☐-a One and a half minutes (90 seconds) is allocated to each athlete between the calling of his/her name and the beginning of the attempt.

☐-b One minute (60 seconds) is allocated to each athlete between the calling of his/her name and the beginning of the attempt.

☐-c Two minutes (120 seconds) is allocated to each athlete between the calling of his/her name and the beginning of the attempt.

Q.61 Choose the correct rule:

☐-a Athletes or Team Officials cannot change their decision to withdraw from competition once it has been officially announced.

☐-b Athletes or Team Officials cannot change their decision to withdraw from competition once the Athlete's Card has been signed.

☐-c Athletes or Team Officials can change their decision to withdraw from competition within the first 30 seconds.

Q.62 When an athlete attempts two lifts in succession, he/she is allocated:

☐-a 1 minute

☐-b 2 minutes

☐-c 3 minutes

Q.63 When an athlete is called but fails to appear on the platform within his/her allocated time the:

☐-a Referees must tell the Jury

☐-b Timekeeper must stop the clock

☐-c Referees must give "No Lift"

Q.64 Before the first attempt or between two attempts:

☐-a 1 change of weight is allowed, excluding the automatic increment

☐-b 2 changes of weight are allowed, excluding the automatic increment

☐-c 3 changes of weight are allowed, excluding the automatic increment

Q.65 What is the correct rule?

☐-a Athletes or Team Officials cannot decrease the weight of the barbell once the announced weight is loaded.

☐-b Athletes or Team Officials cannot decrease the weight of the barbell once the announced weight is loaded and the clock has started.

☐-c Athletes or Team Officials can decrease the weight of the barbell within the first 30 seconds.

Q.66 An athlete who is too heavy at weigh-in:

☐-a may compete in the next higher category

☐-b is not allowed to be weighed again

☐-c cannot compete in the next higher category

Q.67 There are 4 factors to take in consideration in the order of calling the athletes:

☐-a - weight of the barbell (lightest weight first)
- number of the attempt (lowest number first)
- sequence/order of the previous attempt(s) (the athlete who lifted latest is first)
- start number of the athlete (lowest first)

☐-b - weight of the barbell (lightest weight first)
- number of the attempt (lowest number first)
- sequence/order of the previous attempt(s) (the athlete who lifted earliest is first)
- start number of the athlete (lowest first)

☐-c - weight of the barbell (lightest weight first)
- number of the attempt (lowest number first)
- sequence/order of the previous attempt(s) (the athlete who lifted earliest is first)
- start number of the athlete (highest first)

Q.68 After the Snatch competition there is a:

☐-a 10 minute break to allow the athletes to warm up for the Clean & Jerk

☐-b 15 minute break to allow the athletes to warm up for the Clean & Jerk unless otherwise stated by President of the Jury

☐-c there is a 10 minute break to allow the athletes to warm up for the Clean & Jerk but 15 minutes if there are 5 or less athletes

Q.69 In very hot weather:

☐-a the President of the Jury decides if the Referees can remove their jacket

☐-b the Technical Controller decides if the Referees can remove their jacket

☐-c it is not allowed to work without a jacket

Q.70 What is the correct rule?

☐-a Zero in the Snatch at the Olympic Games does not eliminate an athlete from the competition; he/she is allowed to continue in the Jerk.

☐-b Zero in the Snatch at the Olympic Games eliminates an athlete from the competition; he/she is not allowed to continue in the Jerk.

☐-c Zero in the Snatch at the World Championships eliminates an athlete from the competition.

Q.71 The athletes are called to the weigh-in room according to:

☐-a their best result

☐-b the progression of their lot number

☐-c the time of their arrival at the weigh-in room

Q.72 True or False:

Gender equity is one of the IWF principles for selection of Technical Officials to IWF Events: _____

Q.73 Who ensures the sport equipment and the field of play are compliant to IWF rules and regulations? _____

Q.74 Technical Officials must wear the official IWF uniform consisting of:

☐-a light blue jacket, white shirt, IWF tie/scarf, yellow trousers/skirt and the IWF TO metal badge, pinned on the left lapel of the jacket

☐-b blue jacket, white shirt, IWF tie/scarf, black trousers/skirt and the IWF TO metal badge, pinned on the left lapel of the jacket

☐-c dark blue jacket, striped blue and white shirt, IWF tie/scarf, beige trousers/skirt and the IWF TO metal badge on, pinned on the left lapel of the jacket

Q.75 Who can call the Referees to the Jury table?

☐-a The President of the Jury cannot call the Referees to the Jury table

☐-b The General Secretary of the IWF can call one of the Referees to the Jury table

☐-c The President of the Jury can call any of the Referees to the Jury table

Q.76 Who ensures that the technical rules are being followed?

_____

Q.77 What duties is the Decontamination Attendant (DA) responsible for?

☐-a Unloading the barbell and returning the discs to the weight racks

☐-b Managing the cleaning of the barbell under the direction of the Technical Controller

☐-c Preparing the medal podium for the Victory Ceremony at the conclusion of the competition

Q.78 What is the correct rule?

☐-a All members of a Jury must be International Category 1 Technical Officials.

☐-b Some of the Jury members may be International Category 1 Technical Officials, the others may be Category 2.

☐-c All members of a Jury must be International Technical Officials.

Q.79 During the weigh-in athletes are:

☐-a entitled to wear jewelry, hair adornments and religious head gear but must not wear watches.

☐-b not entitled to wear jewelry, watches, hair adornments and religious head gear.

☐-c entitled to religious head gear but cannot wear jewelry, watches and/or hair adornments.

Q.80 A mistake in refereeing can be made involuntarily; in this case:

☐-a the Referee is allowed to explain his/her decision

☐-b the Jury can replace the Referee immediately

☐-c the Competition Director can change the decision of the Referee

Q.81 During the course of the competition and after a first warning:

☐-a the Jury cannot replace any Referee whose decisions prove him/her to be incompetent

☐-b the President of the Jury may replace any Referee whose decisions prove him/her to be incompetent

☐-c the Jury, by unanimous vote, can replace any Referee whose decisions prove him/her to be incompetent

Q.82 Choose the correct rule for a 5 member Jury:

☐-a The Jury cannot change a decision of the Referees.

☐-b The Jury, in unanimity and after discussion amongst the members, can change a decision when the Referees' decision has been judged on majority by the Jury to be technically incorrect.

☐-c The Jury, in unanimity, can change a decision when the Referees' decision has been unanimously agreed by the members, to be technically incorrect.

Q.83 Technical Officials who fail the practical and written examination must wait:

☐-a 2 years before taking the examination again

☐-b 1 year before taking the examination again

☐-c 6 months before taking the examination again

Q.84 What is an Athlete's Card?

☐-a An official document issued for each athlete to record the athletes' declarations and attempts and contains no other information.

☐-b An official document issued for each athlete to record the athletes' declarations/ attempts and the athletes' name; date birth; IWF/IOC code; bodyweight; bodyweight category; group (if applicable); Entry Total, and; start number (if assigned at the completion of weigh-in).

☐-c An official document issued for each athlete as proof of athlete membership to the IWF and signed by the IWF President.

Q.85 Who ensures that all athletes are wearing the correct outfit?

_____

Q.86 The Centre Referee is seated:

☐-a 600 cm from the front of the platform

☐-b 500 cm from the middle of the platform

☐-c 400 cm from the front of the platform

Q.87 During the competition, who can move the barbell on the platform?

☐-a Only the Team Official or loaders can move the barbell to a new position on the platform.

☐-b Only the Centre Referee can move the barbell to a new position on the platform.

☐-c Only the athlete and loaders can move the barbell to a new position on the platform.

Q.88 In the event of a failure of the Referee Light System:

☐-a the lights may be substituted by small red or white flags
☐-b the lights may be substituted by small red or green flags
☐-c the competition must be stopped until the lights are fixed

Q.89 True or False:
If an athlete, during the execution of the lift moves to a position where the view of the Referee is impaired, the Referee(s) cannot move to a position to observe the lift correctly. _____

Q.90 During the course of the competition, a Referee must:

☐-a attempt to be in accord with the decisions of the other Referees
☐-b not attempt to influence the decisions of the other Referees
☐-c attempt to be in accord with the President of the Jury

Q.91 True or False:
A T-shirt and shorts cannot be worn instead of the costume. _____

Q.92 Which is correct?

☐-a During the practical examination, Technical Officials must referee at least 200 attempts; including uncompleted and completed attempts.
☐-b During the practical examination, Technical Officials must referee at least 100 attempts; including uncompleted and completed attempts.
☐-c During the practical examination, Technical Officials must referee at least 100 attempts plus uncompleted attempts.

Q.93 The results of the Technical Officials practical examination are calculated from the completed attempts. Category 1 Technical Officials must achieve a minimum result of:

☐-a 97%
☐-b 95%
☐-c 90%

Q.94 When the Referee Light System is not used and if the Side Referee sees a serious fault during the execution of a lift, the:

☐-a Referee must raise an arm to call attention to the fault
☐-b President of the Jury stops the lift
☐-c Referee can stop the lift

Q.95 What is the correct rule?

☐-a Chalk and rosin must be provided near the competition platform.
☐-b Chalk and rosin must be provided near the competition platform and on the same side as the athlete entry.
☐-c Chalk and rosin must be provided in the warm-up area only.

Q.96 A record is valid only if it exceeds the previous one by:

☐-a 2.5 kg
☐-b 1 kg
☐-c 500 grams

Q.97 When an athlete or Team Official asks for a change of weight and still has to take the next weight:

☐-a the timing clock remains running while the weight is changed
☐-b the clock is stopped while the weight is changed and after the change has been completed, the clock continues to run until the end of the allocated time
☐-c the clock is stopped while the weight is changed and after the change has been completed, the clock is reset to the normal 1 or 2 minute(s)

Q.98 When should the Timekeeper stop the timing clock?

☐-a Immediately as the barbell is raised from the platform.
☐-b Immediately as the barbell passed the height of the athletes' knees.
☐-c After the completion of the attempt.

Q.99 Complete **one** of the five Protocol sheets provided with Snatch, Clean & Jerk, and Totals, as required.

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

Q.100 Using the same Protocol as completed in Q99, who holds the World Record?

(2 points for a complete answer; deduct 1 point for 1 mistake; deduct 2 points for 2 or more mistakes)

Snatch _____
Clean & Jerk _____
Total _____

Protocols for Q99 & Q100

Category: 56kg

Previous World Records : S:138 J:168 T:305

B Group **Competition 12:00**

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
5	A	56.00	135	138	140	164	167	169	140		169		309	
40	B	56.00	135	138	X 140	164	168	169	138		169	5	307	
44	C	56.00	135	140	X 141	164	167	169	140		169		309	

A Group **Competition 18:00**

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
1	D	56.00	140	X 142	X 142	164	168	169	140		169	4	309	
99	E	56.00	135	138	X 141	165	169	X 170	138		169	1	307	
42	F	56.00	135	138	140	X 165	165	X 169	140		165	6	305	6

Category: 62kg

Previous World Records: S: 137, J: 172, T: 308

B Group **Competition 12:00**

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	J	Place	Total	Place
5	A	62.00	134	140	X 142	160	164	X 167	140		164	6	304	6
99	B	62.00	140	X 142	X 142	165	171	X 173	140		171	3	311	
44	C	62.00	130	135	138	165	173	X 175	138		173	2	311	

A Group **Competition 18:00**

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	J	Place	Total	Place
1	D	62.00	134	137	140	X 165	165	X 166	140		165		305	
40	E	62.00	140	X 142	X 142	165	X 173	X 173	140		165		305	
42	F	62.00	130	136	138	165	173	X 175	138		173	1	311	

Category: 48kg

Previous World Records: S: 98, J: 119, T: 217

B Group **Competition 12:00**

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
44	A	48.00	X 98	98	X 100	X 115	115	X 120	98		115	6	213	
99	B	48.00	95	98	100	118	X 120	120	100		120		220	
5	C	48.00	97	100	X 101	X 118	118	120	100		120		220	

A Group **Competition 18:00**

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
1	D	48.00	96	98	100	115	120	X 122	100		120	1	220	
42	E	48.00	93	96	98	X 115	115	X 120	98		115	5	213	
40	F	48.00	96	100	X 102	115	X 120	X 120	100		115	4	215	4

Category: +105kg

Previous World Records: S 213, J: 263, T: 472

B Group **Competition 12:00**

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
5	A	150.00	X 210	210	214	256	260	X 264	214		260	6	474	
99	B	150.00	X 210	210	214	255	260	264	214		264	2	478	
42	C	150.00	210	212	X 214	255	260	X 264	212		260		472	

A Group **Competition 18:00**

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
1	D	150.00	210	214	X 215	260	X 264	264	214		264	3	478	
40	E	150.00	210	X 212	212	255	260	X 264	212		260		472	
44	F	150.00	214	X 216	X 216	260	264	X 265	214		264	1	478	1

Category: 75kg

Previous World Records: S: 130, J: 159, T: 286

B Group

Competition 12:00

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
99	A	75.00	128	X 131	131	154	157	160	131		160	5	291	
5	B	75.00	126	128	130	155	159	161	130		161		291	
44	C	75.00	128	130	X 131	158	161	X 162	130		161		291	

A Group

Competition 18:00

Lot	Name	BW	Snatch			C&J			Best					
			1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
1	D	75.00	128	131	X 132	158	161	X 162	131		161		292	1
40	E	75.00	126	X 130	130	155	157	160	130		160	6	290	6
42	F	75.00	128	131	X 132	X 160	160	X 162	131		160	4	291	