



HIS MAJESTY THE KING OF THAILAND'S CUP
16th Asian Youth (2014 YOG Continental Qualification),
21st Asian Junior Women & 28th Asian Junior Men
WEIGHTLIFTING CHAMPIONSHIPS
4-12 March 2014, Bangsaen, THAILAND



AWWC
2014
YOUTH & JUNIOR
BANGSAEN, THAILAND





HIS MAJESTY THE KING OF THAILAND'S CUP

16th Asian Youth (2014 YOG Continental Qualification),

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WEIGHTLIFTING CHAMPIONSHIPS

4-12 March 2014, Bangsaen, THAILAND



Message From
President of
Asian Weightlifting Federation

On behalf of the Asian Weightlifting Federation, I warmly welcome you all to **His Majesty The King of Thailand's Cup** – 16th Asian Youth (2014 YOG Continental Qualification), 21st Asian Junior Women & 28th Asian Junior Men Weightlifting Championships, to be held from 04th to 12th March 2014 in Bangsaen, Thailand. .

The Thai Amateur Weightlifting Association (TAWA) made significant progress in establishing the weightlifting sport in Thailand and has hosted many world class championships successfully. I would like to take this opportunity to thank **H.E Major General Intarat Yodbangtoey**, President of TAWA for his sincere & dedicated efforts in bringing the sport at such high levels, which is an example for all of us in the Weightlifting family.

Let us be a part of the exciting Games to uphold the great spirit of the Weightlifting sport and utilize this Championships to share our sporting experiences with each other.

I wish you all success and good enjoyable time in the beautiful country of Thailand.

With Sporting regards,

*Mohamed Yousef Al Mana,
President – Asian Weightlifting Federation.*





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WEIGHTLIFTING CHAMPIONSHIPS

4-12 March 2014, Bangsaen, THAILAND



Message From
President of
Thai Amateur Weightlifting Association

In celebration of His Majesty King Bhumibol Adulyadej's 87th Birthday Anniversary, Thai Amateur Weightlifting Association (TAWA) has been honored by Asian Weightlifting Federation (AWF) to host the 16th Asian Youth (2014 YOG Continental Qualification), 21st Asian Junior Women & 28th Asian Junior Men WEIGHTLIFTING CHAMPIONSHIPS 2014 during 4-12 March 2014 in Bangsaen, Thailand.

Bangsaen is a town that is famous throughout Thailand. It is the closet pleasant beach getaway spot from Bangkok as well as any provinces north of Chonburi. Most visitors typically come from provinces to the north and northeast of Chonburi. It is much closer, cheaper and less hassle free than Hua Hin's beaches or Pattaya's beaches. The town is host to major university, Burapha University and Institute of Physical Education(Chonburi). During the day, most of the people you will see students. On weekends, travelers, families, and groups of friends come from surrounding areas or other provinces in Thailand to spend a day at the beach.

On behalf of Organizing Committee, I wish to express my most sincere appreciation to all of you who participate and to those federations and associations that supported us. Thanks all the members of the organizing Committees who have times making the Championships success. Last but no least, wish you all a very successful and a happy stay in Bangsaen. I do believe that through the organization of Championships will not only gives us an opportunity to further contribution to the development of weightlifting sport in Asia, but also enable us to strengthen the friendship among the Asian Weightlifting families.

*Maj.Gen.Interat Yodbangtoey
President of Thai Amateur Weightlifting Association*





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COMPETITION RULES AND REGULATIONS

Competitions will be held in accordance with of the latest International Weightlifting Federation (IWF) rules and regulation and the Manual for the Organizers of World Championships of IWF.

ELIGIBILITY

Only National Federations/Associations affiliated with the Asian Weightlifting Federation are eligible to participate in the;

16th Asian Youth WEIGHTLIFTING CHAMPIONSHIPS

Athletes born between 01 January 1997 and 31 December 2001 (aged 13-17 years)

21st Asian Junior Women & 28th Asian Junior Men WEIGHTLIFTING CHAMPIONSHIPS

Athletes born between 01 January 1994 and 31 December 1999 (aged 15-20 years)

ACCOMMODATIONS

All delegation members participating in the Event will be accommodated in:-

THE TIDE RESORT

44/1 Bangsaen Beach 1 Road, Tumbon Saensuk, Ampur Muang,
Chonburi 20130, THAILAND

Tel: (+66) 3839-9200

Fax: (+66) 3839-9299

Website: <http://www.thetide-resort.com>

Email: contact@thetide-resort.com





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4-12 March 2014, Bangsaen, THAILAND

BANGSAEN HERITAGE HOTEL

50,54 Bangsaen Beach 1 Road, Tumbon Saensuk, Ampur Muang,
Chonburi 20130, THAILAND

Tel: (+66) 3839-9899

Fax: (+66) 3839-9890-2

Website: <http://www.bs-heritagehotel.com>

Email: bs_heritage@bangsaenheritage.com



SS BANGSAEN BEACH HOTEL

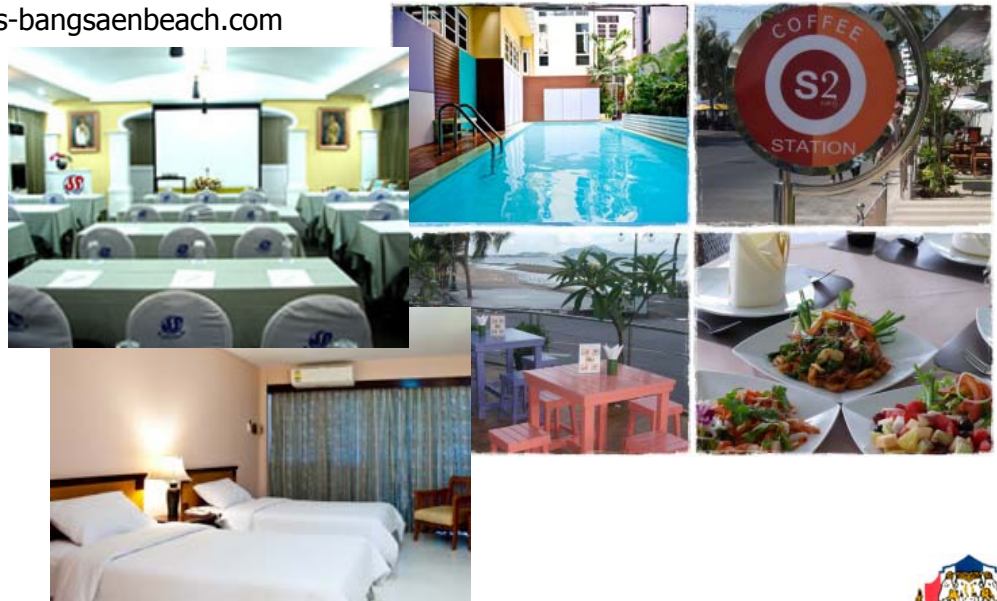
68 Moo 13 Bangsaen Sai 1st Road, Tumbon Saensuk, Ampur Muang,
Chonburi 20130, THAILAND

Tel: (+66) 3838-1670, 3838-1226, 3838-3575-6

Fax: (+66) 3838-1963

Website: <http://www.ss-bangsaenbeach.com>

Email: info@ss-bangsaenbeach.com





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4-12 March 2014, Bangsaen, THAILAND



VENUES

Competition Site : Chonburi City Municipality Sport Complex Multipurpose Building / Bangsaen

Training Site : Chonburi City Municipality Sport Complex Multipurpose Building / Bangsaen



EVENTS

16th Asian Youth WEIGHTLIFTING CHAMPIONSHIPS

BOYS : 50 kg, 56 kg, 62 kg, 69 kg, 77 kg, 85 kg, 94 kg, +94 kg.

GIRLS : 44 kg, 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, +69 kg.

21st Asian Junior Women & 28th Asian Junior Men WEIGHTLIFTING CHAMPIONSHIPS

MEN : 56 kg, 62 kg, 69 kg, 77 kg, 85 kg, 94 kg, 105 kg, +105 kg.

WOMEN : 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg and +75 kg.

ENTRIES

Preliminary Entry Forms must be submitted to the Organizing Committee and the AWF before **4 January, 2014**

Final Entry Forms must be submitted to the Organizing Committee and the AWF before **4 February, 2014**

The Media Accreditation Forms to be returned to the Organizing Committee before **4 February, 2014**

[http:// www.awcbangkok2014.com](http://www.awcbangkok2014.com)





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SPORT EQUIPMENT: Uesaka Barbell

DOPING CONTROL

The competitions are subject to IWF Anti-Doping Policy and the Anti-Doping Control costs covered by AWF.

FINANCIAL CONDITIONS

1. Accommodation costs in hotels for participants are as follows:

- Triple room type: US\$ 100 per person per day including 3 meals daily at an exclusively-arranged restaurant in hotel
- Double room type: US\$ 110 per person per day including 3 meals daily at an exclusively-arranged restaurant in hotel
- Single room type: US\$ 130 per person per day including 3 meals daily at an exclusively-arranged restaurant in hotel

2. For Youth Championships athletes and team officials; Entry Fee of US\$ 120 and For Juniors athletes and all team officials; Entry Fee of US\$ 120 per person, must be paid by each delegation member, athlete or official.

3. All athletes and **team officials** have to pay a Special Anti-Doping Levy of US\$ 50 per person.

4. All payment must be paid in US dollars(cash only) which be settled by the Organizing Committee upon their arrival at the Accreditation Center in the hotel.

5. A minimum Stay of 4(four) days is required for all participants.

TRANSPORTATION

All teams will be received at Suvarnabhumi International Airport, Bangkok, Thailand, upon their arrival and they will be ferried by bus to the Hotel. The Organizing Committees will provide local transportation between official venues and hotel for competition and training according to schedule which will be announced to teams on completion of accreditation process.

TECHNICAL OFFICIALS

Technical Officials (Juries, Referees, Technical Controllers, Chief Marshal and Doctor-on-Duty, The competition Secretary, Time Keepers) will be appointed by AWF.

The Competition Speakers, loaders and any back-up technical staff will be provided by the Organizing Committees.





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INSURANCE

As required by the IWF Regulations, all participants must be under insurance coverage for travel and accident/injury by their respective Federations before their departure from their home country.

VISA

Visa entry to Thailand could be obtained from the Thai Embassy in the respective countries by presenting the Official Invitation for the said Championships. If there is any help needed, please contact the Organizing Committee. A complete list of names with passport data, photos and fax number/ mailing address should be sent in time to the Organization Committee for the issuance of invitation letters or upon arrival at the airport.

FLAG AND ANTHEM

Each participating team is kindly requested to bring along a CD of their National Anthem and two National Flags 1.2 x1.8 m.

These must be submitted upon arrival/accreditation.

ACCREDITATION

The accreditation of the delegations will take place in the HOTEL mention above upon arrival.

Remark

With much more convenience to shorten time of waiting for accreditation once arrival of all delegates, please feel free to register and attach photo by individual online via the official website: www.awcbangkok2014.com.

AVERAGE TEMPERATURE in BANGSAEN: 27-34°C

ELECTRICITY: 220 Volt

FURTHER INFORMATION

Please contact THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)
286 Rajamagala National Stadium, Room 225-226.
Ramkhamhaeng Rd., Hua Mark Bangkapi Bangkok 10240
THAILAND
Tel: (+66) 2319-7736
Fax: (+66) 2319-7785
Website: www.awcbangkok2014.com
Email: info@awcbangkok2014.com

ASIAN WEIGHTLIFTING FEDERATION

Tel: +98 21 77715714 / 77721668

Fax: +98 21 77860189

Mobile: +98 91 21146143

Website: www.a-w-f.net

Email: awf@a-w-f.net





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4-12 March 2014, Bangsaen, THAILAND



COMPETITION SCHEDULE AND PROGRAM

Saturday	01 March 2014	Arrival & Registration Delegations		
Sunday	02 March 2014			
	10:00	AWF Technical Committee Meeting		
	10:00	AWF Medical Committee Meeting		
	10:00	AWF Coaching & Research Committee Meeting		
	10:00	AWF Development Commission Meeting		
	14:00	AWF Executive Board Meeting		
	16:00	<i>Final Verification of Youth</i>		
Monday	03 March 2014			
	10:00	AWF Annual Congress		
	14:30	South East Asian WF Meeting		
	17:00	Technical Officials Meeting		
Tuesday	04 March 2014			
	09:00	Youth Men	50 Kg.	Group B
	11:00	Youth Women	44 Kg.	Group B
	13:00	Youth Men	56 Kg.	Group B
	15:00	Youth Men	50 Kg.	Group A
	17:00	Opening Ceremony		
	18:30	Youth Women	44 Kg.	Group A
	20:00	Youth Men	56 Kg.	Group A
Wednesday	05 March 2014			
	11:00	Youth Women	48 Kg.	Group B
	13:00	Youth Men	62 Kg.	Group B
	15:00	Youth Women	53 Kg.	Group B
	17:00	Youth Women	48 Kg.	Group A
	18:30	Youth Men	62 Kg.	Group A
	20:00	Youth Women	53 Kg.	Group A
Thursday	06 March 2014			
	11:00	Youth Men	69 Kg.	Group B
	13:00	Youth Women	58 Kg.	Group B
	15:00	Youth Men	77 Kg.	Group B





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4-12 March 2014, Bangsaen, THAILAND



17:00	Youth Men	69 Kg.	Group A
18:30	Youth Women	58 Kg.	Group A
20:00	Youth Men	77 Kg.	Group A

Friday 07 March 2014

11:00	Youth Women	63 Kg.	Group B
13:00	Youth Men	85 Kg.	Group B
15:00	Youth Women	69, +69 Kg.	Group B
16:00	<i>Final Verification of Junior</i>		
17:00	Youth Women	63 Kg.	Group A
18:30	Youth Men	85 Kg.	Group A
20:00	Youth Women	69 Kg.	Group A

Saturday 08 March 2014

15:00	Youth Men	94, +94 Kg.	Group B
17:00	Youth Men	94 Kg.	Group A
18:30	Youth Women	+69 Kg.	Group A
20:00	Youth Men	+94 Kg.	Group A

Sunday 09 March 2014

09:00	Junior Men	56 Kg.	Group B
11:00	Junior Women	48 Kg.	Group B
13:00	Junior Men	62 Kg.	Group B
15:00	Junior Women	53 Kg.	Group B
17:00	Junior Men	56 Kg.	Group A
18:30	Junior Women	48 Kg.	Group A
20:00	Junior Men	62 Kg.	Group A
21:30	Junior Women	53 Kg.	Group A

Monday 10 March 2014

09:00	Junior Men	69 Kg.	Group B
11:00	Junior Women	58 Kg.	Group B
13:00	Junior Men	77 Kg.	Group B
15:00	Junior Women	63 Kg.	Group B
17:00	Junior Men	69 Kg.	Group A
18:30	Junior Women	58 Kg.	Group A
20:00	Junior Men	77 Kg.	Group A
21:30	Junior Women	63 Kg.	Group A





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4-12 March 2014, Bangsaen, THAILAND



Tuesday 11 March 2014

09:00	Junior Men	85 Kg.	Group B
11:00	Junior Women	69 Kg.	Group B
13:00	Junior Men	94 Kg.	Group B
15:00	Junior Women	75 Kg.	Group B
17:00	Junior Men	85 Kg.	Group A
18:30	Junior Women	69 Kg.	Group A
20:00	Junior Men	94 Kg.	Group A
21:30	Junior Women	75 Kg.	Group A

Wednesday 12 March 2014

10:00	Junior Men 105, +105 Kg.	Group B
12:00	Junior Men 105 Kg.	Group A
14:30	Junior Women +75 Kg.	Group A
15:00	Junior Men +105 Kg.	Group A
16:30	Closing Ceremony	
18:30	Banquet	

Thursday 13 March 2014

Departure of Delegations

Note: Time schedule may subject to be changed after the verification of final entries.

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WEIGHTLIFTING CHAMPIONSHIPS

4-12 March 2014, Bangsaen, THAILAND



PRELIMINARY ENTRY FORM / YOUTH (BOYS)

The Preliminary Entry Form must be submitted to the Organizing Committee and AWF prior to 4 January 2014.

THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

- 286 Rajamagala National Stadium, Room 225-226. Ramkhamhaeng Rd., Hua Mark Bangkok Bangkok 10240 THAILAND • Tel: +66 2319 7736 • Fax: +66 2319 7785
- e-mail: info@awcbangkok2014.com

ASIAN WEIGHTLIFTING FEDERATION (AWF)

- Tel: +98 21 77715714 / 77721668 • Fax: +98 21 77860189 • Email: awf@a-w-f.net

No.	Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Departure Date
1						
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No.	Name of Officials		Date of Birth	Position	Arrival date	Departure Date
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Country : Signature

Date :





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16th Asian Youth (2014 YOG Continental Qualification),

21st Asian Junior Women & 28th Asian Junior Men

WEIGHTLIFTING CHAMPIONSHIPS

4-12 March 2014, Bangsaen, THAILAND



PRELIMINARY ENTRY FORM / YOUTH (GIRLS)

The Preliminary Entry Form must be submitted to the Organizing Committee and AWF prior to 4 January 2014.

THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

- 286 Rajamagala National Stadium, Room 225-226. Ramkhamhaeng Rd., Hua Mark Bangkok Bangkok 10240 THAILAND • Tel: +66 2319 7736 • Fax: +66 2319 7785
- e-mail: info@awcbangkok2014.com

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- Tel: +98 21 77715714 / 77721668 • Fax: +98 21 77860189 • Email: awf@a-w-f.net

No.	Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Departure Date
1						
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No.	Name of Officials		Date of Birth	Position	Arrival Date	Departure Date
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Country : Signature

Date :





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WEIGHTLIFTING CHAMPIONSHIPS

4-12 March 2014, Bangsaen, THAILAND



PRELIMINARY ENTRY FORM / JUNIOR MEN

The Preliminary Entry Form must be submitted to the Organizing Committee and AWF prior to 4 January 2014.

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- e-mail: info@awcbangkok2014.com

ASIAN WEIGHTLIFTING FEDERATION (AWF)

- Tel: +98 21 77715714 / 77721668 • Fax: +98 21 77860189 • Email: awf@a-w-f.net

No.	Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Departure Date
1						
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Country : Signature

Date :





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21st Asian Junior Women & 28th Asian Junior Men

WEIGHTLIFTING CHAMPIONSHIPS

4-12 March 2014, Bangsaen, THAILAND



PRELIMINARY ENTRY FORM / JUNIOR (WOMEN)

The Preliminary Entry Form must be submitted to the Organizing Committee and AWF prior to 4 January 2014.

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- e-mail: info@awcbangkok2014.com

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- Tel: +98 21 77715714 / 77721668 • Fax: +98 21 77860189 • Email: awf@a-w-f.net

No.	Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Departure Date
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No.	Name of Officials		Date of Birth	Position	Arrival Date	Departure Date
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Country : Signature

Date :





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WEIGHTLIFTING CHAMPIONSHIPS
 4-12 March 2014, Bangsaen, THAILAND



FINAL ENTRY FORM / YOUTH (BOYS)

The Final Entry Form must be submitted to the Organizing Committee and AWF prior to **4 February 2014**
THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

• 286 Rajamagala National Stadium, Room 225-226. Ramkhamhaeng Rd., Hua Mark Bangkok Bangkok 10240 THAILAND • Tel: +66 2319 7736 • Fax: +66 2319 7785
 • e-mail: info@awcbangkok2014.com

ASIAN WEIGHTLIFTING FEDERATION (AWF)

• Tel: +98 21 77715714 / 77721668 • Fax: +98 21 77860189 • Email: awf@a-w-f.net

No.	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
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Country:

Signature:

Date:

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FINAL ENTRY FORM / YOUTH (GIRLS)

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No.	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
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No.	Name of Officials		Date of Birth	Position	Arrival Date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
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Country:

Signature:

Date:





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WEIGHTLIFTING CHAMPIONSHIPS
 4-12 March 2014, Bangkok, THAILAND



FINAL ENTRY FORM / JUNIOR (MEN)

The Final Entry Form must be submitted to the Organizing Committee and AWF prior to **4 February 2014**
THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

• 286 Rajamagala National Stadium, Room 225-226. Ramkhamhaeng Rd., Hua Mark Bangkok 10240 THAILAND • Tel: +66 2319 7736 • Fax: +66 2319 7785
 • e-mail: info@awcbangkok2014.com

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No.	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
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No.	Name of Officials		Date of Birth	Position	Arrival Date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
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Country:

Signature:

Date:

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WEIGHTLIFTING CHAMPIONSHIPS
 4-12 March 2014, Bangsaen, THAILAND



FINAL ENTRY FORM / JUNIOR (WOMEN)

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THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

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No.	Name of Officials	Date of Birth	Position	Arrival Date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.	
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5										
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7										
8										
9										

Country:

Signature:

Date:

[http:// www.awcbangkok2014.com](http://www.awcbangkok2014.com)





HIS MAJESTY THE KING OF THAILAND'S CUP
16th Asian Youth (2014 YOG Continental Qualification),
21st Asian Junior Women & 28th Asian Junior Men
WEIGHTLIFTING CHAMPIONSHIPS



4-12 March 2014, Bangsaen, THAILAND

PHOTO ATTACHED OF PARTICIPANTS

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Note: Please attached photos of your participants with Final Entry Form by e-mail

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WEIGHTLIFTING CHAMPIONSHIPS
 4-12 March 2014, Bangsaen, THAILAND



MEDIA ACREDITATION FORM

The Entry Form must be submitted to the Organizing Committee and AWF prior to **4 February 2014**.

THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

•286 Rajamagala National Stadium, Room 225-226. Ramkhamhaeng Rd., Hua Mark
 Bangkapi Bangkok 10240 THAILAND • Tel: +66 2319 7736 • Fax: +66 2319 7785
 • e-mail:info@awcbangkok2014.com

ASIAN WEIGHTLIFTING FEDERATION (AWF)

• Tel: +98 21 77715714 / 77721668 • Fax: +98 21 77860189 • Email: awf@a-w-f.net

Last Name.....	Name
Nationality.....	Employee
Address.....	Province
Identification No.	City

<input type="checkbox"/> Journalist	<input type="checkbox"/> News Agency	<input type="checkbox"/> Daily Newspaper
<input type="checkbox"/> Sport Magazine	<input type="checkbox"/> Photographer	<input type="checkbox"/> Radio Reporter
<input type="checkbox"/> TV Reporter	<input type="checkbox"/> Other:	

What communication type you will use?

Telephone Fax E-mail Other:

Arrival

Date/Time: _____

Flight Number: _____

Departure

Date/Time: _____

Flight Number: _____

Signature: _____





HIS MAJESTY THE KING OF THAILAND'S CUP
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21st Asian Junior Women & 28th Asian Junior Men
WEIGHTLIFTING CHAMPIONSHIPS
 4-12 March 2014, Bangsaen, THAILAND



TEAM ACCOMMODATION FORM

The Entry Form must be submitted to the Organizing Committee and AWF prior to **4 February 2014**.

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- Tel: +98 21 77715714 / 77721668 • Fax: +98 21 77860189 • Email: awf@a-w-f.net

Date	Single Room	Double Room	Triple Room
01 March 2014			
02 March 2014			
03 March 2014			
04 March 2014			
05 March 2014			
06 March 2014			
07 March 2014			
08 March 2014			
09 March 2014			
10 March 2014			
11 March 2014			
12 March 2014			
13 March 2014			

Country: Signature:
 Date:

