



USA Weightlifting, together with the City of Reno, welcome the Pan American nations to the biggest little city in the World for the Pan American Junior Championship, March 30 – April 6, 2014.

1. Regulation & Eligibility

The Pan American Junior Championship 2014 will follow the rules and regulations of the International Weightlifting Federation (IWF) and Pan American Weightlifting Federation (PAWF). Only countries with no outstanding financial obligations to the IWF & PAWF may participate, and only countries with up to date whereabouts information in ADAMS may participate. Participants must be born between January 1, 1999 – December 31, 1994 in order to be eligible.

Arrival of Delegations: March 30 & 31, 2014

Departure of Delegations: April 7, 2014

2. Venue

The venue for the Pan American Junior Championship shall be the Silver Legacy Resort in Reno, Nevada, United States of America.

3. Categories of Competition

The Pan American Junior Championship shall use the standard categories as designated by the International Weightlifting Federation (IWF) and Pan American Weightlifting Federation (PAWF), as follows:

Women: 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg and +75 kg

Men: 56 kg, 62 kg, 69 kg, 77 kg, 85 kg, 94 kg, 105 kg and +105 kg

4. Entry Deadlines

i) Preliminary Entry Form Deadline (Preliminary Hotel & Transportation Deadline)

The Preliminary Entry Form deadline is February 14, 2014. Please email to usaw@usaweightlifting.org and phil.andrews@usaweightlifting.org



Where Olympic Journeys Begin



SILVER LEGACY
RESORT • CASINO • RENO

ii) Final Entry Form Deadline (Final Hotel & Transportation Deadline)

The Final Entry Form deadline, along with deadline for pre-payment of finance is March 20, 2014. Please email to usaw@usaweightlifting.org and phil.andrews@usaweightlifting.org

5. Equipment of the Competition

The equipment for this competition will be provided by Werksan, a certified International Weightlifting Federation provider.

6. Doping Control

Doping Control will be in line with the Anti-Doping policy and procedures of the International Weightlifting Federation and World Anti-Doping Agency.

7. Entry Fees

Entry Fees for the Pan American Junior Championship will be:

Athletes - \$125.00 per person

Officials - \$125.00 per person

8. Visa

Nations are advised to apply for their visa as soon as possible, through their local embassy. Upon receipt of the Preliminary Entry Form, USA Weightlifting will work with the United States Olympic Committee to provide a visa letter. In applying to the United States embassy, please ensure you give evidence of your entry to the competition and your ties to this nation. Further enquires about visas to phil.andrews@usaweightlifting.org.

9. Insurance

National Federations must undertake full moral and financial responsibilities for their delegates regarding their health and in case of accidents or damages.

10. Basic Information – Reno, Nevada

Electricity in the USA is standard 220V

Weather: Temperature in April in Reno is average: 17 Celsius

Currency: Currency in Reno is United States Dollar

11. Webcast

The event will be webcast at the following link, free for all to enjoy:

www.teamusa.org/usa-weightlifting/LIVE

12. Room, Transportation and Board

Hotel accommodation will be provided at the venue location:

The Silver Legacy Resort & Casino, 407 North Virginia Street, Reno, Nevada, USA, 89501



Airport transportation will be provided by USA Weightlifting from Reno-Tahoe International Airport Only. Airlines using this airport include American, Delta, United, US Airways, SouthWest, Alaska and Allegiant.

Costing for room and board is \$60 per person per night, with a minimum 3 night stay.

13. Contact.

For any questions please contact:

Phil Andrews (001) 719 866 3386, phil.andrews@usaweightlifting.org

Director of Events & Programs – USA Weightlifting.



Where Olympic Journeys Begin



SILVER LEGACY
RESORT • CASINO • RENO



PROVISIONAL SCHEDULE – 2014 JUNIOR PAN AMERICAN CHAMPIONSHIP
ALL TIMES ARE IN USA PACIFIC TIME (GMT -8 HOURS)

30th March					
Arrival of Delegations					
31st March					
Arrival of Delegations & Training					
1st April				5th April	
13.00	Verification of Final Entries			13.00	Women 75kg
15.00	Technical Conference			15.00	Men 85kg
17.00	Officials Meeting			17.00	Men 94kg
19.30	Opening Ceremony				
2nd April		6th April			
13.00	Women 48kg	11.00	Men 105		
15.00	Men 56kg	13.00	Women 75+		
17.00	Women 53kg	15.00	Men 105+		
3rd April		19.30	Closing Ceremony		
13.00	Men 62kg				
15.00	Women 58kg				
17.00	Men 69kg				
4th April					
13.00	Men 77kg				
15.00	Women 63kg				
17.00	Women 69kg	7th April			
		Departure of Delegations			



Where Olympic Journeys Begin



SILVER LEGACY
RESORT • CASINO • RENO

**2014 Pan American Junior Championships
Reno, Nevada, United States – March 30 – 6 April
PRELIMINARY ENTRY FORM**

Weightlifting Federation of: _____
Gender: _____

N	Athlete's name		Date of birth			Bodyweight category	Entry Total
	Family	Given	Day	Month	Year		
1							
2							
3							
4							
5							
6							
7							
8							
9R							
10R							

N	Official's name		Date of Birth			Function
	Family	Given	Day	Month	Year	
1						
2						
3						
4						
5						

President or General Secretary

Name: _____ **Signature:** _____

Date: _____

This Form must be returned by **February 14, 2014.**

to

USA Weightlifting
1 Olympic Plaza
Colorado Springs, Colorado, USA
Tel.: +1 719 866 3386
E-mail: usaw@usaweightlifting.org
Web site: www.usaweightlifting.org



Where Olympic Journeys Begin



SILVER LEGACY
RESORT • CASINO • RENO

2014 Pan American Junior Championships
Reno, Nevada, United States – March 30 – 6 April
FINAL ENTRY FORM

Weightlifting Federation of: _____

Gender: _____

N	Athlete's name		Date of birth			Bodyweight category	Entry Total
	Family	Given	Day	Month	Year		
1							
2							
3							
4							
5							
6							
7							
8							
9R							
10R							

N	Official's name		Date of Birth			Function
	Family	Given	Day	Month	Year	
1						
2						
3						
4						
5						

President or General Secretary

Name _____ Signature _____

Date _____

This Form must be returned by **March 20, 2014**.

to

USA Weightlifting
 1 Olympic Plaza
 Colorado Springs, Colorado, USA
 Tel.: +1 719 866 3386
 E-mail: usaw@usaweightlifting.org
 Web site: www.usaweightlifting.org



Where Olympic Journeys Begin



SILVER LEGACY
 RESORT • CASINO • RENO

