Preview Women's 45kg

- The women's 45kg event will be held for the first time at the world championships.
- Thunya Sukcharoen (THA) is looking for her second world title, after winning the women's 48kg Snatch in 2017. She has won three world championships medals as she finished second in both the Clean & Jerk and the Total in the same weight class in 2017.
- Sukcharoen became the first athlete from Thailand to win a world title in the minimum weight class for women.
- Sukcharoen can join compatriots Pawina Thongsuk (THA, 5), Sopita Tanasan (THA, 3), Udomporn Polsak (THA, 2) and Sukanya Srisurat (THA, 2) with multiple world titles for women.
- Sukcharoen claimed bronze in the women's 48kg (Total) at the 2018 Asian Games.
- Alessandra Pagliaro (ITA) can become the second woman from Italy to win a medal in any event at the world championships in the last 24 years, after her sister Genny Pagliaro (ITA) took silver in the 48kg Snatch in 2011.
- Alessandra Pagliaro claimed a bronze medal at the European championships in the 48kg Snatch last March.
- Marie Hanitra Roilya Ranaivosoa (MRI) claimed the Snatch, Clean & Jerk and Total title in the 53kg at the 2018 African championships last August and can give Mauritius its first world championships medal.
- Ranaivosoa also claimed a silver medal in the 48kg (Total) at the 2018 Commonwealth Games.
- The only African woman in a lighter weight category than the 69kg to win a medal at the world championships was Blessed Udoh (NGR) in 2001, when she won silver in both the women's Clean & Jerk and Total in the 48kg weight class.
- Thi Thu Trang Nguyen (VIE) is 15 years old and took silver in the women's 44kg (Total) at the Youth Olympic Games on 7 October.
- She can become the first woman born this century to win a world championships medal.
- NGUYEN is 15 years and 152 days old on 2 November and can become the youngest woman to win a world championships medal this century.
- Rosina Randafiarison (MAD) can become the first person from Madagascar to finish op de podium in any weightlifting event at the world championships.