Preview Women's 64kg

- The women's 64kg category is held for the first time since it was on the programme from 1993 to 1997. From 1998 to 2017 a women's 63kg events were held.
- China won 11 of the 15 world titles in the 64kg events from 1993 to 1997, and it won 17 world titles in the 63kg events between 1998 and 2017.
- Chinese Taipei won the other four titles in the women's 64kg category (1993-1997).
- Deng Wei (CHN) won eight world titles in the women's 58kg (3) and 63kg (5) weight classes from 2010 to 2015 and she can add three more titles in Ashgabat. Six Chinese women have won at least 11 world titles.
- Loredana Elena Toma (ROU) won three world titles in the 63kg category in 2017. These were the first, and so far only world titles for Romania in women's weightlifting.
- Nicu Vlad (ROU) is the only Romanian weightlifter who won more gold medals - 10 in the men's 90kg and 100kg weight classes between 1984 and 1990.
- Rim Un Sim (PRK) and Kim Hyo Sim (PRK) could give DPR Korea two podium finishes in specific events (Snatch, Clean & Jerk, Total) for the first time in women's weightlifting. Chinese Taipei (G0-S1-B1) managed this in the women's 64kg Total event in 1996, and China (G1-S0-B1) achieved it in the women's 64kg Clean & Jerk event in 1997.
- Coming into these championships, Mercedes Isabel Perez Tigrero (COL) is hoping to become the third woman from Colombia to win a world title, after Maria Isabel Urrutia (COL, 9) and Leidy Yessenia Solis Arboleda (COL).
- Karina Goricheva (KAZ) was the 2014 world champion in the women's 63kg Snatch and she claimed bronze in the 63kg event (Total) at the Rio 2016 Olympic Games.
- Goricheva is already one of two Kazakh women to have won medals at the Olympic Games and the world championships in weightlifting. Zhazira Zhapparkul is the other woman to have achieved this.
- Rattanawan Wamalun (THA) finished second in the women's 63kg Clean & Jerk in 2017. The only world titles for Thailand in a women's weight class above 63kg came in the women's 69kg Clean & Jerk and Total in 2002, when Pawina Thongsuk won these two events.