



Preview Women's 76kg

- The women's 76kg event will be held for the first time at the world championships since 1997. This event was held five times between 1993 and 1997.
- DPR Korea's Rim Jong Sim (PRK) won a gold medal (Total) in the women's 75kg at the 2018 Asian Games in Jakarta.
- Rim won a gold medal in the same event (Total) at the Rio 2016 Olympic Games.
- At the 2015 world championships, Rim won the world title in the Clean & Jerk in the women's 75kg event and finished second in the Snatch and Total.
- She also won the world title in the 75kg Clean & Jerk in 2014 and claimed bronze in the same weight class in the Total that year.
- Her five world championships medals ranks her third among women from DPR Korea, behind Ri Song Hui (PRK, 11) and Ryo Un Hui (PRK, 6), coming into these championships.
- Leidy Yessenia Solis Arboleda (COL) won the world title in the women's 69kg (Total) at last year's world championships in Anaheim. She claimed silver in the Clean & Jerk in that weight class last year.
- The Colombian has decided to pass on the women's 71kg and enter the women's 76 kg at these world championships.
- At last year's South American championships, Solis Arboleda claimed three gold medals in the women's 75kg.
- Coming into these championships, she can become the second Colombian woman with multiple world titles, after Maria Isabel Urrutia (COL), who won nine between 1990 and 1996.
- Ecuador's Neisi Patricia Dajomes Barrera (ECU) won three junior world titles in the women's 75kg at the junior world championships earlier this year as well as all three Pan American titles in the 75kg weight class.
- At last year's world championships, a then 19-year-old Dajomes Barrera came second in the Snatch and Total and third in the Clean & Jerk in the women's 75kg.
- Coming into these championships, Ecuador has only won one world title, when Maria Alexandra Escobar Guerrero won the women's 53kg Clean & Jerk in 2001.
- Aremi Fuentes Zavala (MEX) finished second in all three 75kg events in this year's Pan American championships. coming into these championships, Mexico has yet to win a world title.
- At this year's European championships, Spain's Lidia Valentin Perez (ESP) won all three titles in the women's 75kg.
- At last year's world championships, Valentin Perez won three world titles in the women's 75kg and also won four other medals at the world championships and has won a Spanish record seven world championships medals.
- Those three world titles, were Spain's first in weightlifting.