



PAN AMERICAN SUB 15 CHAMPIONSHIPS SHREVEPORT, LOUISIANA, USA – August 15 – 19, 2013

1. COMPETITION REGULATIONS

The Pan American U15 Weightlifting Championships will be under the Rules of the and the IWF (2013-2016 Edition) and the P.A.W.F.

Arrival of Delegation: Thursday, August 15, 2013.

Departure of Delegation: Monday, August 19, 2013

2. LOCATION OF COMPETITION AND TRAINING

Health & Physical Education Building

Louisiana State University in Shreveport

One University Place

Shreveport, LA 71115

<http://www.lsusweightlifting.org/>

3. EVENTS

The categories in which they compete are those established by the Pan American Federation and the IWF, according to body weight:

FEMALE: 40 Kg, 44 Kg, 48 Kg, 53 Kg, 58 Kg, 63 Kg, +63 Kg

MALE: 44 Kg, 48 Kg, 52 Kg, 56 Kg, 62 Kg, 69 Kg, 77 Kg, 77 Kg +

4. ELIGIBILITY OF PARTICIPANTS

Open to athletes from countries affiliated with the Pan American Weightlifting Federation. Should register with the presentation of your passport and being born during the following years:

Being born between 2000 and 1998, ie meet between 13 and 15 years at the end of 2013.

5. REGISTRATION

A. PRELIMINARY: The Federation will receive preliminary entries until Friday July 26, 2013.

B. FINAL: The final entries will be accepted until Friday August 2, 2013. A registration form may be performed through the following means:

a) E-mail: usaw@usaweightlifting.org

b) Fax: 1-719-866-4741.

USA WEIGHTLIFTING

1 Olympic Plaza

Colorado Springs, CO 80909

6. EQUIPMENT

The barbell that will be used in the Pan American U15 Championship Weightlifting will be Werksan which is certified by the International Weightlifting (IWF).

7. DOPING CONTROL

Doping Control will be as set out in the rules ANTI-DOPING of the IWF.

8. FINANCIAL CONDITIONS

A. ACCOMMODATION AND FOOD

The accommodation and food of the participants will be in the:

Clarion Hotel, 1419 East 70th Street, Shreveport, LA 71105

(318) 797-9900

Website: <http://www.clarionhotel.com/hotel-shreveport-louisiana-LA146>

* Clarion Hotel is 2.37 miles (4.4 kilometers) away from the venue

The daily cost per participant in respect of accommodation, meals and internal transportation (hotel - competition) will be USD \$ 60.00. Daily per person.

B. REGISTRATION

Athletes: USD \$ 100 per person

Officials: USD \$ 100 per person

These costs will be paid in cash at accreditation on arrival of each delegation. (Cost includes doping tests).

9. INSURANCE

Each participant must have Federation Insurance for all members of the Delegation.

10. AWARDS

Medals awarded will be gold, silver and bronze for athletes placing first, second and third in the Snatch, Clean & Jerk, and Total.

Trophies will be awarded to the top three Women's and Men's Teams.

Trophies will be awarded to the best female and male athletes.

11. TRANSPORTATION

The organizing committee will provide transportation for all participants from the accommodation to the training and competition facilities.

12. JUDGING AUTHORITIES

Each delegation participating with full team may include a maximum of two referees, preferably with a valid Category I License, but not less than a Category II License. Delegations with a single competitor may include one international referee, upon confirmation of acceptance of your attendance by the Organizing Committee, which shall be exempt from payment of accommodation and food.

13. AIRPORT INFORMATION

Shreveport Regional Airport (SHV)

<http://www.shreveportla.gov/dept/airport/airlineservice.htm>

14. LOCAL ATTRACTIONS

Shreveport Bossier Convention & Tourist Bureau

<http://shreveportbossier.rtrk.com/?scid=928150&kw=5442374>

15. CONTACTS

USA WEIGHTLIFTING

1-719-866-4508 (Office)

1-719-866-4741 (Fax)

usaw@usaweightlifting.org (Email)

Attn: Phil Andrews

Kyle Pierce

1-318-795-4241 (Office)

1-318-797-5386 (Fax)

kyle.pierce@lsus.edu (Email)

Sincerely,

Kyle Pierce, Chairman
Organizing Committee

**PAN AMERICAN SUB 15 CHAMPIONSHIPS
SHREVEPORT, LOUISIANA, USA – AUGUST 15 – 19, 2013
OFFICIAL PROGRAM**

DAY	DATE	ACTIVITY	TIME
THURSDAY	8/15/2013	ARRIVAL OF DELEGATES	ALL DAY
THURSDAY	8/15/2013	VERIFICATION OF ENTRIES	6:00 PM
THURSDAY	8/15/2013	OFFICIAL MEETING	7:30 PM

DAY	DATE	DIVISION	WEIGH IN	COMPETITION
FRIDAY	8/16/2013	40, 44, 48 KG. WOMEN	12:00 Noon	2:00 PM
FRIDAY	8/16/2013	44, 48, 52 KG. MEN	2:00 PM	4:00 PM
SATURDAY	8/17/2013	56, 62, 69 KG. MEN	12:00 Noon	2:00 PM
SATURDAY	8/17/2013	53, 58 KG. WOMEN	2:00 PM	4:00 PM
SUNDAY	8/18/2013	63, + 63 KG. WOMEN	12:00 Noon	2:00 PM
SUNDAY	8/18/2013	77, + 77 KG. MEN	2:00 PM	4:00 PM

Please note, the Timetable might change after the Verification of Final Entries!

CLOSING CEREMONY / Banquet - 7:00 PM SUNDAY, 8/18/2013

DEPARTURE OF DELEGATIONS MONDAY, 8/19/2013

**PAN AMERICAN SUB 15 CHAMPIONSHIPS
SHREVEPORT, LOUISIANA, USA – AUGUST 15 – 19, 2013
PRELIMINARY ENTRY FORM
MEN**

Weightlifting Federation of _____

	Athlete's name		Date of Birth			Bodyweight Category	Total
	Family	Given	Day	Month	Year		
1							
2							
3							
4							
5							
6							
7							
8							
9R							
10R							

	Official's Names		Date of Birth			Function
	Family	Given	Day	Month	Year	
1						
2						
3						
4						
5						

President or General Secretary

Name: _____ Date: _____

Signature: _____

This Form must be returned by July 26, 2013 to:

USA WEIGHTLIFTING
1 Olympic Plaza
Colorado Springs, CO 80909
E-mail: usaw@usaweightlifting.org
Fax: 1-719-866-4741

**PAN AMERICAN SUB 15 CHAMPIONSHIPS
SHREVEPORT, LOUISIANA, USA – AUGUST 15 – 19, 2013
PRELIMINARY ENTRY FORM
WOMEN**

Weightlifting Federation of _____

	Athlete's name		Date of Birth			Bodyweight Category	Total
	Family	Given	Day	Month	Year		
1							
2							
3							
4							
5							
6							
7							
8R							
9R							

	Official's Names		Date of Birth			Function
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**PAN AMERICAN SUB 15 CHAMPIONSHIPS
SHREVEPORT, LOUISIANA, USA – AUGUST 15 – 19, 2013
FINAL ENTRY FORM
MEN**

Weightlifting Federation of _____

	Athlete's name		Date of Birth			Bodyweight Category	Total
	Family	Given	Day	Month	Year		
1							
2							
3							
4							
5							
6							
7							
8							
9R							
10R							

	Official's Names		Date of Birth			Function
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President or General Secretary

Name: _____ Date: _____

Signature: _____

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**PAN AMERICAN SUB 15 CHAMPIONSHIPS
SHREVEPORT, LOUISIANA, USA – AUGUST 15 – 19, 2013
FINAL ENTRY FORM
WOMEN**

Weightlifting Federation of _____

	Athlete's name		Date of Birth			Bodyweight Category	Total
	Family	Given	Day	Month	Year		
1							
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6							
7							
8R							
9R							

	Official's Names		Date of Birth			Function
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President or General Secretary

Name: _____ **Date:** _____

Signature: _____

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