



**IWF**

**INTERNATIONAL  
WEIGHTLIFTING  
FEDERATION**

**SUMMARY TO THE EXECUTIVE  
BOARD**

**ABOUT THE MEDICAL  
COMMITTEE MEETING  
4TH APRIL 2015  
LIMA, PER**



Dear Executive Board,

Please find our summary below based on the agenda points of the MC meeting as follows.

**1. Attendance / Apologies**

The Chairman expressed his disappointment towards the attendance and activity of the Committee and warned every member to contribute more to the work of the MC.

**2. Approval of the Minutes of the previous meeting (4.11.2014. Almaty, KAZ)**

The Commission unanimously approved the minutes of the Almaty meeting.

**3. Finalisation of the Medical Manual**

The Chairman thanked Dr. Doerr for the elaboration of the Medical Manual and the members unanimously approved the shortened version of the Manual. This Manual shall be provided to every IWF Event Organisers and they shall comply with them. The venue layout will be modified in the manual

The extended version of the Manual will serve as the Medical Guidelines of the IWF which shall be finalized during the next MC meeting.

**4. Discussion regarding the proposed TCRR modification in case of serious injuries when the Athlete wishes to continue the competition**

Members agreed to further elaborate the proposal for the Technical Committee and Dr. Herrick will make a research regarding applicable rules and regulation on other sports.

**5. "Gender (Change) Policy"**

A draft of a Sexual reassignment policy was distributed among the members and they agreed to elaborate a weightlifting sport specific Policy for the upcoming meeting.

**6. Discussion regarding the Athletic Heart**

Following Dr. Herrick's presentations members agreed to make a research project on Athletic heart in weightlifting. The Medical Committee will try to ensure an ECO cardiogram and ECG screening for the Athletes for free during the Junior and Youth World Championships for preventional purposes.

**7. Information on the Anti-Doping Commission Activity**

Dr. Trombitás made a presentation to the Committee regarding the IWF Anti-Doping activity.

**8. Discussion regarding the ongoing research projects and current medical topics**

Members shared their experiences on the latest medical news and sport related projects.

**9. Communication strategy for the "IWF Needle Policy"**

Members agreed to send the Policy to their respective Continental Federation and agreed that is every MC member's duty to share the information on the application of the Needle Policy.

**10. TO Appointment Policy**

Members discussed their opinion about the Appointment Policy.

**11. Any other business**

Members agreed to ask for an invitation for the Japanese doctor for the upcoming events in order to prepare him for the Olympic Games.

An idea about a Medical Conference in Houston during the WWC was raised and discussed.

The Members would like to put special attention to the medical related education (like OTIPS) in the future and came to the agreement to collect the frequently asked medical questions to the IWF website.

Dr. Irani