



2019 ELEIKO EMAIL INTERNATIONAL CLUB WEIGHTLIFTING TOURNAMENT



Sponsored by **ELEIKO** and organized by
the Oceania Weightlifting Federation (OWF)



Date :

July 26-29, 2019

Results:

To be emailed not later than August 3rd 2019
To owf@bigpond.com or owf@mls.nc

Results published:

Results will be emailed to every Club and Country participating by August 10th 2019 and will be published in the Oceania weightlifting website. www.oceaniaweightlifting.com

Club eligibility:

The Club must be affiliated to the National Weightlifting Federation in their own country.

Entries:

As many lifters as the club wishes to enter. (men & women)

Age:

No age limit.

Competition Categories:

IWF Categories for Men and Women.
Men: 55,61,67,73,81,89,96,102,109, +109 **Women:** 45,49,55,59,64,71,76,81,87,+87

Prizes: (Men)

1 set each of 190Kg **ELEIKO** training weights sponsored by ELEIKO will be awarded to the **first Club, second Club and third Club** which scores the most points according to IWF rules (only for the Total)
1st - 28 points, 2nd- 25points, 3rd – 23points, 4th- 22points, 5th- 21points, and so on...

The freight cost also will be covered by ELEIKO to the nearest destination port. **Please note:** You may have to pay import duty once the weights arrive in your country including internal transport to your clubs destination.

Prizes: (Women)

1 set each of 185Kg **ELEIKO** training weights sponsored by ELEIKO will be awarded to the **first Club, second Club and third Club** which scores the most points according to IWF rules (only for the Total)
1st - 28 points, 2nd- 25points, 3rd – 23points, 4th- 22points, 5th- 21points, and so on...

The freight cost also will be covered by ELEIKO to the nearest destination port. **Please note:** You may have to pay import duty once the weights arrive in your country including internal transport to your clubs destination.

Individual Winners:

1st, 2nd, 3rd, in each category will receive medals (*only for the total*) The medals will be posted to each club via its own National Federation once the full results are finalized.

Results format:

Must be in the following format. **For example:**

NAME	D/B	NAT.	CLUB	B/W	SNATCH	JERK	TOTAL
Jim /Superman	1988	Tuvalu	Power	76.3	100	140	240

Competition:

The competition must have three referees at Club level.

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