



XII Mediterranean Cup San Marino 3/6 October 2019 Silver Qualification Event

Competition Rules and Regulations



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1 - Venue

Competitions will take place at the CONS gym - Multieventi Sport Domus in San Marino; training venue is in the same place Multieventi Sport Domus.

2 - Accommodation

Two hotels will be at the disposal of delegations, “HOTEL I DESIGN” (Murata, San Marino) and “PALACE HOTEL” (Serravalle San Marino), Grand Hotel Primavera (Borgo Maggiore). The headquarter will be arranged at the Palace Hotel (via Cinque Febbraio, 47899, Serravalle San Marino. Tel +378 900190).

How to get to San Marino:

San Marino is connected to the Italian A14 highway, exit RIMINI SUD.
The nearest airport is in Bologna, Italy, 120km from San Marino.

3 - Competition Rules and Regulations

The competition is held in accordance with IWF Technical and Competition Rule&Regulations (TCRR).

Eligibility

Participating athletes must be 15 years of age and over (year of birth 2004 or earlier). With reference to article 5.6.5 of the IWF Antidoping Policy 2018, an athlete who is not listed on IWF's registered testing pool but wishes to participate in an IWF event shall provide accurate and complete whereabouts information as set out in Annex 1 of the international standard for testing and investigation for a period of at least two months prior to the IWF events in question (by August 04). An Athlete who does not comply with this provision is not eligible to compete at the IWF event.

Bodyweight Categories

The ten categories M+W are eligible to compete.

Men: 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg, + 109 kg.

Women: 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg, + 87 kg.

4 - **National teams**

Only National teams affiliated with IWF and with respective Continental Federations will be admitted to the competition.

5 - **Application**

Preliminary entry form must be sent to the organizing committee and MWC, and San MarinoWF Secretariat by 20 July 2019.

Final entry form must be sent by 30 August 2019.

6 - **Awards**

Trophies to the first three nations classified.

Medals to the athletes of the first three, snatch, jerk, total, per categories.

Diploma to all the participants.

Financial Terms

Entry fee 70 euro per athlete – anti-doping fee 30 USD per athlete

7 - **Accommodation**

National teams, after booking on the attached form, will be arranged in single, double or triple rooms for the following prices (**three days: full board from the dinner on Thursday 3 October to the final banquet on Saturday 5 October, rooms, meals, transport in San Marino are included**):

Single room € 460.00

Double room € 640.00

Triple room € 870.00

Transport from Bologna airport to San Marino and viceversa will be 30 € each person, two transferts.

8 - **Payment**

Bank transfer on the San Marino organizing committee account (Hotel I-Design srl)

Please indicate: Med Cup 2019 on the bank transfer

Bank: BAC (Banca Agricola Commerciale), San Marino

SM55X0303409801000010111748 SWIFT BASMSMSMXXX

(Please use SEPA Circuit for the Bank Transfer)

We kindly ask you to send us the transaction receipt by the 30 of August 2019

9 - **Barbells**

Only ELEIKO barbells IWF approved will be used during the competitions

10 - **Doping Controls**

Doping control will be conducted in accordance with the IWF Anti-doping Policy.

11 - Technical Officials

Participating teams will have to delegate a first or second category referee provided with IWF licence.

12 - Insurance

All National teams will be responsible (in accordance with IWF regulation) for financial, health and damages of their members (athletes and technicians).

13 - Accreditation

Accreditations will take place at your arrival at PALACE HOTEL

14 - Cultural Program

A cultural program day is scheduled in the historical center of San Marino

15 - Further Informations

Any other information will be provided in the next weeks.

At your total disposal for any kind of question:

Marina Muscioni – President
Danilo Bulzoni General Secretary
federpesistica.sm@gmail.com
danilobulzoni@gmail.com

Aldo Radicello
General Secretary MWC
mwc.tgs@gmail.com



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ARRIVAL / DEPARTURE SCHEDULE

This form must be returned by 20 July 2019

National Weightlifting Federation / Association of _____

	Name & Surname	Position	Passport No.	Date of Birth	Arrival date			Departur Date		
					Flight No	Date	Time	Flight No	Date	Time
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										

Signature _____

Date _____

Please return to:

Marina Muscioni – President
Danilo Bulzoni General Secretary
federpesistica.sm@gmail.com
danilobulzoni@gmail.com

Aldo Radicello
General Secretary MWC
mwc.tgs@gmail.com



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ACCOMODATION FORM

This form must be returned by 20 July 2019

National Weightlifting Federation/ Association of _____

	Name	Arrival	Departure	Single Room	Twin Room	Triple Room
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

Signature _____

Date _____

Please return to:

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PRELIMINARY ENTRY FORM

MEN

This form must be returned by 20 July 2019

National Weightlifting Federation / Association of _____

ATHLETES

No	Cat.	M/F	Athletes Surname / Name	Date of Birth	Best Total	Arrival Date	Departure Date
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
R							
R							

OFFICIALS

No	Official's Surname / Name	Date of Birth	Function	Arrival date	Departure Date
1					
2					
3					
4					

Signature _____

Date _____

Please return to:

Marina Muscioni – President
Danilo Bulzoni General Secretary
federpesistica.sm@gmail.com
danilobulzoni@gmail.com

Aldo Radicello
General Secretary MWC
mwc.tgs@gmail.com



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FINAL ENTRY FORM

MEN

This form must be returned by 30 August 2019

National Weightlifting Federation / Association of _____

ATHLETES

No	Cat.	M/F	Athletes Surname / Name	Date of Birth	Best Total	Arrival Date	Departure Date
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
R							
R							

OFFICIALS

No	Official's Surname / Name	Date of Birth	Function	Arrival date	Departure Date
1					
2					
3					
4					

Signature _____

Date _____

Please return to:

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Aldo Radicello
General Secretary MWC
mwc.tgs@gmail.com



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PRELIMINARY ENTRY FORM

WOMEN

This form must be returned by 20 July 2019

National Weightlifting Federation / Association of _____

ATHLETES

No	Cat.	M/F	Athletes Surname / Name	Date of Birth	Best Total	Arrival Date	Departure Date
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
R							
R							

OFFICIALS

No	Official's Surname / Name	Date of Birth	Function	Arrival date	Departure Date
1					
2					
3					
4					

Signature _____

Date _____

Please return to:

Marina Muscioni – President
Danilo Bulzoni General Secretary
federpesistica.sm@gmail.com
danilobulzoni@gmail.com

Aldo Radicello
General Secretary MWC
mwc.tgs@gmail.com



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FINAL ENTRY FORM

WOMEN

This form must be returned by 30 August 2019

National Weightlifting Federation / Association of _____

ATHLETES

No	Cat.	M/F	Athletes Surname / Name	Date of Birth	Best Total	Arrival Date	Departure Date
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
R							
R							

OFFICIALS

No	Official's Surname / Name	Date of Birth	Function	Arrival date	Departure Date
1					
2					
3					
4					

Signature _____

Date _____

Please return to:

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Danilo Bulzoni General Secretary
federpesistica.sm@gmail.com
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Provisional Program

Thursday October 3rd

**Delegation arrive
hrs 18 Final entries verification**

Friday october 4th

**Hrs. from 0:9 to hrs: 20:00 competition
(Hrs: 16:00 opening ceremony)**

Saturday october 5th

**Hrs: from 0:9 to hrs: 20:00 competition
Hrs: 20:30 farewell banquet**

Sunday October 6th

departure of the Delegations