



IWF

**INTERNATIONAL
WEIGHTLIFTING
FEDERATION**

MINUTES

**OF THE MEDICAL COMMITTEE
MEETING
28 OCTOBER 2018
ASHGABAT, TKM**



Venue: Sports Hotel, Ashgabat

Present: Chairman: Dr. Mike Irani

Members: Dr. Fathi Masmoudi, Dr. Dominik Doerr, Dr. Zurab Kakhabrishvili, Dr. Moni Kami, Dr. Mark Lavallee, Dr. Georgios Tsikouris

Guests: Dr. Aján Tamás, Dr. Patrick Schamasch ADC Chairman

Joined via Skype: Dr. Maria D. Rubio y Lleonart,

Absent: Dr. Roxana Vargas Bruzzo – Dr. Parameth Ladpli - apologies received and accepted.

IWF Secretariat: dr. Lilla Sági, Réka Földesi

1. Attendance / Apologies

The IWF Secretariat received apologies from Dr. Vargas Bruzzo and from Dr. Parameth Ladpli.

The Chairman welcomed the members of the Medical Committee.

Dr. Irani highlighted the importance of insurance at different areas (e.g. warm-up, FOP). Mr. Irani also mentioned that it would be a better of approach if at the competition there would be two doctors to support each other.

2. Approval of the previous MC meeting in Tashkent (UZB, 2018)

The Committee unanimously approved the minutes of the meeting in Tashkent.

3. Transgender update

Dr. Irani mentioned that documents have been forwarded to the Members related to the topic.

Dr. Doerr mentioned that for the IWF it is a really good idea to follow the IOC Guidelines. Because of a recent Australian study they changed the threshold from 10 to 5. The IOC developed a set of modern rules which are very good. Until the IWF does not have any scientific evidence then the IOC Rules shall be followed.

Mr. Doerr suggested to create a Working Group to look for the special evidence that our sport has in order to set up different rules.

Mr. Irani mentioned that IWF is not the only IF who has concerns with the new threshold.

Mr. Irani mentioned that maybe volleyball has its own rules.

Mr. Doerr mentioned that if IWF will have a different Guideline for Transgender that could be a problem when the Athlete will go to CAS or if it is related to the Olympic Games.

Dr. Lavallee agreed with Dr. Doerr that it would be good to create a Working Group to deal with the question.

Dr. Schamasch mentioned that the document which will be published by the IOC is a result of a very long consultation. For weightlifting it would be good to fill these rules and approved by the Executive Board. Once the rules will be approved then it can be applied.

Dr. Irani mentioned that there could be changes however to avoid all misunderstandings the easiest way is to follow the IOC Guidelines.

Dr. Rubio mentioned that the Medical Committee shall put together a draft in line with the IOC Guidelines.

4. Research Projects of the Medical Committee

Mr. Doerr mentioned that he is a member of the ASOIF Medical & Scientific Consultative Group and the Group has just finished a paper on Priorization and barriers for health promotion of international Olympic sports Declarations. The research was submitted for review and now they are waiting for the results.

The outcomes will be shared with the Medical Committee after the review.

Mr. Lavalée introduced his research of Early Sports Specialization. The research was done with weightlifters and wrestlers from the US.

Ms. Rubio mentioned that in Spain they have an insurance company which made a comparison between Olympic sports regarding the injury rates. Weightlifting is in the group with low rate of injuries.

5. Medical Trunk

Mr. Irani mentioned that the idea of the medical equipment was that the IWF would have the same equipment wherever they are at the world.

In Ashgabat the medical equipment is more than perfect, therefore there was no need for the medical trunk.

The Medical Committee agreed that the medical trunk shall be transferred to competitions where it is determined after the Technical Visit that it is needed.

Dr. Doerr mentioned that at the last meeting it was presented what is included in the medical trunk.

The Medical Committee agreed that a basic list shall be prepared for the IWF Technical Visits in order to ensure that all necessary equipment is provided.

6. Bio-electrical Impedance Meter (Z-METRIX)

Dr. Kakhabrishvili presented his research proposal which was previously sent to the MC Members.

The Medical Committee approved the research of Dr. Kakhabrishvili.

7. Injury Surveillance

Dr. Doerr presented the injury data from the competitions 2017 and 2018.

8. Information regarding the WWC 2018

Ms. Muradova gave a presentation on the medical equipment and insurance questions regarding the World Championships.

9. Any other business

There was no other topic raised by the MC Members.

The Chairman thanked the members' contribution and closed the meeting.

